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HOMES & Gardens

Tributes are paid to the man who brought lifeboats back to Penarth

WARM tributes have been paid to Captain Graham Sommerfield whose 'perseverance, good humour and influence' returned a lifeboat service to Penarth in 1980, after the original one had closed in 1905.

Capt Sommerfield died on Tuesday, May 23, aged 82.

A spokesman for Penarth Lifeboat Station said: "It was with great sadness that Penarth RNLI crew members past and present heard of the death of Capt Graham Sommerfield."

"In 1980, Capt Sommerfield, at the time a pilot in the Bristol Channel, was instrumental in bringing an RNLI station back to Penarth after the original one closed in 1905 following a coastal review."

"Recognising the need for the return of a lifeboat in Penarth, Graham, together with volunteers, formed a group which had its first meeting in



Captain Graham Sommerfield.

Penarth Yacht Club.

"An informal crew was established, and soon there was a relief lifeboat accommodated in a local garage, and pushed down to the seafront when there was a shout."

"It developed into a service provided 24 hours a day, 365 days of the year."

"Some 16 years after the reopening of a lifeboat service in Penarth, there was the

dedication of the new RNLI station, where it stands today at the southerly end of the esplanade."

On Facebook, there were a number of tributes to Capt Sommerfield describing him as a 'true gentleman' and a 'kind and caring man'.

For more on the life of Capt Sommerfield and how he brought a lifeboat service back to Penarth, turn to page 24.

Michael (17) thrilled to win Welsh cap

by **TIM CHAPMAN**
07891 690798 or email
tim.chapman@glamorgan-gem.co.uk

THOUSANDS of youngsters harbour ambitions of winning a Welsh cap – and for one Barry teenager whose dream came true, there was extra excitement this week when it was officially presented by national team manager Chris Coleman.

Michael George (17) who represented the Wales under-18s academy earlier this year, was presented with the cap at the Vale Hotel at Hensol on Tuesday evening, June 6.

Michael, a former

pupil of Barry Comprehensive School, told The GEM: "Receiving my cap was a dream come true – it's difficult to put the feeling into words. It shows that if you put in the work you can get the rewards."

The teenager represented Wales under-18s against the Republic of Ireland earlier this year.

His love of football began at the age of five.

"I was inspired by the Manchester United team – Paul Scholes and David Beckham in particular. Their example encouraged me to practice passing, dribbling and shooting."

Michael, like Paul Scholes, is a central midfielder who has played for local clubs like Cadoxton Imps and Cambrian and Clydach, before progressing to Bristol Rovers and Cardiff City.

He is attending pre-season training at Cardiff City, and is currently signed to Barry Town United.

Playing for Wales under-18s has proved a great learning experience.

"At the academy they encourage a different way of playing, moving the ball out from the back – it's a more cultured style."

**CONTINUED
ON PAGE 3**



Michael George with Wales manager Chris Coleman.

The Vale goes to the polls

THE following candidates are standing in the Vale of Glamorgan in the general election today, Thursday, June 8:

Camilla Beaven, Welsh Labour; Alun Cairns, Welsh Conservative; Stephen Davis-Barker, Wales Green Party; David Anthony Elston, Pirate Party UK; Jennifer Nia Geroni, Welsh Liberal Democrats; Melanie Jade Hunter-Clarke, UKIP Wales; Ian James Johnson, Plaid Cymru; Sharon Lovell, Women's Equality Party.

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Children's author Gavin Puckett entertaining young readers.

Readers' Letters

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• Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

Councillor is 'experiencing a case of sour grapes', WRITES GEM READER

I WOULD like to congratulate Bob Penrose for 'wanting the best' for the residents of his ward.

Continued 'disappointment' at Vale cabinet

I HAVE seen the recent comments in your paper with regard to the appointment of an 'all-male, non-Barry Cabinet' on the Vale Council. What a step forward.

What did surprise me, however, was that Coun John Thomas' argument against having a woman in the cabinet was that they had put forward Janice Charles as Mayor

of the Vale and, therefore, everything was fine.

However, the position of mayor only lasts a year and is a ceremonial position.

This surprised me because Janice Charles has more experience of being a cabinet member than at least three of the new cabinet, so that flies in the face of that statement, by the new council leader.

How disappointing. Anne Moore, (Labour Councillor for Cadoc Ward).

He explains very clearly that he will maintain his independent status and has been rewarded with a role on the cabinet. He now has the opportunity to be part of a wider picture with new experiences and challenges ahead.

Coun Gwyn John is obviously experiencing sour grapes, because he is not included in a prominent position, as with the previous administration. As part of an independent group he has been in similar positions during the past few years and has backed the Labour group on many an occasion.

Vale councillors are elected to serve the people of the Vale, whatever party they support. Gillian Bruce, Barry.

Thanks for your help

I WOULD like through your pages to say a very big 'thank you' to the two young gentlemen who came to my aid when I fell and fractured my wrist in Boverton on Thursday, May 25.

Again, thank you very much. Mrs Pam Lewis, Boverton.

'Heroic' Barry binmen praised

MAY I compliment our binmen on their speed and efficiency? Our black bags, recycling and kitchen caddies had all been dealt with by 7.30am this morning.

The men positively zipped up Barry Road.

Additionally, they're always cheerful and polite when I see them early in the morning, though not all the rubbish is easy or pleasant to deal with. Definitely unsung heroes doing what most of us couldn't or wouldn't do.

Thank you guys. Bramble Coppins, Barry.

Making plans for 'Litfest' in Penarth

TICKETS are now on sale for all events at this year's Penarth Literature Festival, being held over the weekend of July 7-10.

Copies of the festival programme can be obtained from festival sponsor Griffin Books on Windsor Road, from Penarth Library and from many other locations around the town.

"We are really excited about the quality and variety of events in the 2017 LitFest", said organiser Mel Griffin.

"Whether you are young or old, or prefer fiction or non-fiction,

prose or poetry, there's definitely something for you"

Highlights for children include an event with top children's writer Jonathan Meres, author of the popular *World of Norm* series. This is being held at the Paget Rooms on Friday, July 7, with local schools invited to bring classes to either a morning or afternoon session.

On Saturday, July 8 at 10.30am the newly refurbished Penarth children's library will host a storytelling and activity session for under-5s with Swansea-based husband-and-wife team Helen and Tom Docherty, featuring their

latest picture book *The Knight Who Wouldn't Fight* and other stories.

Later the same day, author Gavin Puckett will lead an interactive session for 5-to-9 year olds based on his *Fables from the Stables* series of books about comic horses. This event starts at 4pm in All Saints Lesser Hall.

To book tickets for these and all other Penarth Literature Festival events, go to www.griffinbooks.co.uk, or contact Griffin Books on 02920 706455 for further information.

'Wickets and Wheels' from the West Country to Wales



The cyclists at Miskin Manor Hotel after completing their ride.

TWO hundred but tired, triumphant, local cyclists rode into the Miskin Manor Hotel in the Vale last weekend after completing the annual 'Wickets and Wheels' ride in aid of the charity 2 Wish Upon A Star.

The ride, which took place over two days, started in Taunton, with an overnight stop in Portishead, a total of 120 miles. This was the fifth annual ride and it is anticipated that it will raise at least £30,000.

The charity was started by Rhian Burke from Miskin in February 2012 when her son, George, died a week after his first birthday, and then, five days later, the unimaginable happened

and she lost her husband and best friend Paul.

The aims of 2 Wish Upon A Star are to raise funds to improve bereavement services in Wales.

Emphasis is on bereavement support for parents after losing their child suddenly and traumatically by ensuring every A and E department in Wales has a suitable bereavement suite.

'Bereavement boxes' are available for parents at each of these hospitals, and immediate bereavement support is available for parents and siblings.

In addition, a professional counselling service for bereaved parents is provided, as well as training and support for hospital staff. A spokesman for the 'Wickets' cyclists said:

"These riders have been marvellous in their support for this charity. We started regular training runs for this ride in the winter when new and inexperienced riders were accompanied and encouraged by cyclists from the Pontyclun Flyers, and it is great to

see them all complete the course. "There were a few tears along the way, and some of the hills were a challenge, but everyone can be extremely proud of their achievement and their fundraising for the charity."

PG

HIGH TIDE TIMES

(UNTIL JUNE 15)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 - 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
08 Thur	06.37	9.1	18.57	9.2
09 Fri	07.14	9.3	19.33	9.3
10 Sat	07.51	9.2	20.08	9.5
11 Sun	08.22	9.3	20.39	9.3
12 Mon	08.55	9.2	21.14	9.2
13 Tues	09.33	9.1	21.49	9.0
14 Wed	10.04	8.9	22.26	8.8
15 Thur	10.47	8.7	23.09	8.6

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.

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Incinerator worries 'justified' SAY PLAID

PLAID CYMRU has expressed concern over safety at the Barry docks incinerator following a new report on the fire risk produced by independent experts, Capita.

The report was published ahead of last week's Barry Town Council meeting and debated in depth.

Biomass is seeking an environmental licence and emphasises it would be subject to stringent controls, and monitored and enforced by Natural Resources Wales through the permit.

The aim of the energy plant, which is under construction at Woodham Road, is not to dispose of waste, but to generate electricity by gasification of waste wood.

Plaid councillor Millie Collins said the Capita report showed that residents living close to the site were right to be concerned while Plaid Cymru general election candidate Coun Ian Johnson

said that more information was needed about the impact on the wider town, including evacuation of part of Barry, should that ever be required.

Coun Collins, who represents the area south of Holton Road and the eastern Waterfront where the incinerator is located, said: "Residents within the fire risk circle have long had concerns about the impact of the incinerator and this report justifies those fears."

"The report says that there is a 'high' fire risk and the consequences, if a fire were to happen, are rated as 'extreme harm'."

"Surely there can't be anybody who reads this report and thinks that a major fire safety hazard so close to thousands of people is a good idea?"

Coun Johnson added: "There is a lot of detail about the fire risk plans within the site, but less information about the wider effects."

"Plaid Cymru councillor Shirley Hodges has long said that the plant is a 'bad neighbour' and doesn't consider what happens outside its gates."

"I would like more information about what would happen to Ffordd y Mileniwm and the railway line, for example, if there was ever a need for a major evacuation of the south of Barry."

On the issue of fire safety, a Biomass spokesman responded: "This is one of many considerations common to all new power plants."

"We would encourage the relevant parties to raise any concerns with Natural Resources Wales, who in turn will consider them as part of the plant's application for an environmental permit."

The report can be read on the Barry Town Council website.



Scott, Richard (in bear suit) and Julia amid the crowds arriving for the Champions League final.

Richard grins and bears heat for Help for Heroes

ON the day of the Champions League Final in Cardiff, one Barry man took the opportunity to raise funds for Help for Heroes dressed as a bear.

Former Welsh Guard Richard Brewer said: "I didn't go to Afghanistan because I was out of the British Army in 2003, but I lost many good friends in that war. Some still take their lives due to post traumatic stress disorder. Help for Heroes will help them and their families."

Assisting Mr Brewer on the day were his partner, Julia Davies, and his work colleague at K S Barry (Plumbing & Heating) Ltd, Scott Barry.

They had also spent a day at Cardiff

Bay fundraising a few days earlier.

Mr Brewer admitted that on the day of the Champions League, he was sweltering in his bear costume.

"It was a great day in Cardiff but very warm in the outfit. Over the two days we raised £520."

Mr Brewer and Mr Scott are also taking part in a climb of Kilimanjaro in Africa in October to raise funds for Help for Heroes, Tenovus and Dementia UK.

With the £520, it means the pair has already topped £2,000.

There was, however, no rest after the day of the Champions League Final: Richard and Scott went to Omore for early morning training in preparation for their African fundraiser.

Vale Conservatives say bypass is 'key priority'

PLAID CYMRU councillors on the Vale Council claim that the Conservatives may not be as supportive of a Dinas Powys bypass as the public might think.

A bypass to ease congestion in Dinas has been a hot topic in the village for more than 25 years. Conservatives in the village made a new bypass a key part of their election campaign, and when The GEM put Plaid's claims to the party, a Conservative spokesman gave a robust response saying a bypass was a 'key priority' and that meetings had already been held on the issue.

Plaid says records from the previous council show that five of the six Conservatives in the Vale cabinet voted against including the Dinas Powys bypass in the council's Local Transport Plan that runs until 2030 – including the new cabinet members who have responsibility for transport and planning.

Plaid councillor and parliamentary candidate for the Vale Ian Johnson explained: "When I proposed in the Vale Council that a Dinas Powys

bypass was part of the Local Transport Plan that runs from 2015 to 2030, all of the Conservatives voted with Labour against. They included one of Alun Cairns' own staff."

"Five of those Conservatives are now in the Vale Cabinet running the council, including the cabinet member with responsibility for implementing the Local Transport Plan, Coun Geoff Cox, and for planning, Coun Jon Bird."

Plaid Cymru councillor on Dinas Powys Council, Coun Chris Franks, said the Conservatives now needed to set out how they would honour their pledge when the bypass wasn't even in the Local Transport Plan.

A spokesman for the Vale Conservative Council Leader said: "A Dinas Powys bypass is a key priority for the Vale Council. We are just a fortnight into this administration and yet the leader – John Thomas – has already had a number of meetings on this matter."

"This will be a council which delivers on its promises: whether on the bypass, weekly bin collections or preventing inappropriate housing development."

Michael's Welsh cap joy

CONTINUED FROM PAGE 1

Michael hopes to become a professional footballer, but is also a student at Cardiff and Vale College studying 'sports performance and excellence'. It means he will have a back-up qualification in case a playing career fails to develop.

His parents, David and Sarah, have made a lot of sacrifices to help him. At one time they were driving over to Bristol Rovers three times a week, often in the evenings.

David said: "His mother and I are very proud. Seeing him get his Wales cap was a moment to cherish."

Children's park rules!



Photo taken by Taya Nurton (11 years old).

THE residents of Colcot got together to thank their children for making rules for the park at Milton Road/Dryden Terrace.

The children had water slides and a bouncy castle as well as a visit from their local ice cream man.

It was paid for by Sian Thomas, a local resident, who said: "It was so wonderful to see the children and adults enjoying themselves. I decided to help due to anti-social behaviour in the parks."

"So Zoe Stanislaw, Hazel Thomas and I got together and organised a park meeting. I had the children make some

park rules up, with the promise that if they kept to the rules for a month we would have a small party."

"The kids had been fantastic and although at first I thought we were going to be let down, Paul's Ices and Bumper to Bumper saved the day thanks to another resident, Sarah Louise."

"We had Sammy Baker and Caffi Wade looking after the water slides and the kids had their faces painted by Zoe and Samantha King."

"It was a fantastic day and lovely to see the community coming together and working together."

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Barry Male Voice Choir in fine voice at recent concert

MEMORIES of the past and hopes for the future were features of a recent concert by Barry Male Voice Choir.

A reunion between the choir and former chorister Peter Williams took place at a concert at Baltimore House Nursing Home, Barry. Peter, who will be 90 in November, holds the record of being the longest serving member of the choir, a membership of 68 years.

Taking part in the concert was

choir president Gordon Mudford, a member for over 50 years and also a friend and tenor colleague of Peter's.

These two have a combined total of more 100 annual concerts. Peter's first was when we had a King on the throne.

New choristers will take part in their first annual concert, which will be held on June 30 at St Helen's Roman Catholic Church, Barry.



The choir with Peter Williams (front row centre) and Gordon Mudford on the left of the picture, beside Peter Williams.

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Soroptimists welcome new member

AT a recent meeting, Lynne Plenderlieth was formally welcomed as a member of the Barry & District Soroptimists Club.

Lynne, who was previously a member of both Rhondda and Pontypridd Clubs, transferred to Barry & District as she has links with the area. She has been a Soroptimist for 25 years and this was recognised by the presentation of a Long Service Certificate.

Lynne already knew many of the members due to her Wales South Regional positions as the Benevolent Fund Trustee and Age Concern Cymru representative.

Now retired, Lynne's career

included nursing at Whitchurch Hospital and as the registered manager of a residential home.

Her interests include being a member of Rhondda and Whitchurch Hospital Historical Societies, reading, and assisting with her three grandchildren. She is a busy lady who nevertheless is committed to giving service in the community and implementing the Soroptimist ideals of educating, empowering and enabling women and young girls to fulfil their true potential.

To find out more about the club visit www.sigbi.org/barry-and-district. Members also give talks on the aims and objectives of Soroptimism to local groups. If you are interested, contact us via our website.



LEFT: Lynne receiving her certificate from president Jackie Memory.

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Sully U3A AGM

SULLY U3A's June meeting was its sixth AGM and retiring chairman Jean Bispham welcomed everyone.

She said that Sully U3A had had another successful year. Current membership was over 400 and there were nearly 40 groups, catering for a wide range of interests. She said several existing committee members would be standing for re-election, but many were retiring, having served six years on the committee since its beginning.

She thanked them for their hard work and helping to make Sully U3A the success it is, and wished the new committee every success for the future. After conclusion of business, members enjoyed an afternoon tea, quiz and raffle.

The next meeting will be on Thursday, July 13 at 2pm at The Old School, Sully when the speaker will be Peter Lockyer talking on an introduction to Bardsey.

New members are welcome at these meetings.

SUSAN COLMAN

An MBE for community volunteers who look after Knap swimmers

THE volunteers of a lifeguard club formed in the Rhondda Valley 55 years ago are celebrating after being awarded The Queen's Award for Voluntary Service (QAVS) 2017, the MBE for volunteer groups.

This award was created by Her Majesty the Queen in 2002 to mark the occasion of her Golden Jubilee, recognising excellence in voluntary activities carried out by groups in the community.

The work the group does for the community was admired by the independent Assessment Committee, chaired by Sir Martyn Lewis CBE.

The citation read "The award of The Queen's Award for Voluntary Service 2017 represents a tremendous achievement for your organisation."

"We hope that everyone involved, and particularly your volunteers, feel immensely proud of the recognition that this award represents."



ABOVE: Rhondda Lifeguard Club in 1962.

The Rhondda (Cold Knap) Lifeguard Club was formed from the outdoor swimming pools in the mining community of the Rhondda in 1962.

The club was initially called the Gelli-Galed Lifeguard Club, after the pool located in the park at Ystrad.

The early years of its existence saw the club without a regular base, so during Sundays in the summer months, it would

visit many of the popular south Wales beaches to provide a voluntary beach patrol and rescue service.

It was after one such visit to Cold Knap, Barry, during 1966 that the then Barry District Council asked the club if it would make Cold Knap its base.

The club started regular patrols at Cold Knap in 1967 and although being run from

the Rhondda, its headquarters have been at Cold Knap Point since then.

June 17 will now see the club celebrate a 'triple' success at its lifeguard building, for as well as marking 50 years of service to the community at the Knap, it will also be launching its new inshore rescue boat at mid-day, followed by acknowledgement of its Queen's Award.

Summer training has already started at the Knap and the club is always looking to recruit new members for their sessions on Thursday (6pm - 7.30pm) and Sunday (12pm - 2pm).

For more information, visit the club's website (rhonddalifeguardclub.com) or telephone the clubhouse on 07974 967976 during training sessions.

FUNDRAISING AND FUN AT GLADSTONE PRIMARY SCHOOL

ON Friday, June 16 all children who attend Gladstone Primary School are taking part in the 'Race for Life' at the school to raise money for Cancer Research.

In the week before half term, the whole school took part in an 'enterprise week' with each year group planning, designing and creating items to sell during the week and during the Race for Life event.

Costs were taken into consideration with the children calculating expected profits, and hopefully no losses.

Ideas from the junior classes included smoothies, homemade lemonade, cakes and tea light holders.

The week ended with a 'celebration assembly' where each year group presented its ideas to the rest of the school.

Children in the foundation phase held a special teddy bear's picnic on the school field on the Thursday, where parents, children and teddy bears sat in the sun enjoying their picnic.

The infant pupils sold the items they had made during the week which



included fruit kebabs, flapjacks, biscuits and clay pots.

The foundation phase

staff would like to thank all the families for making this such a lovely day. AS

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Tenovus Singathon supported by Barry Community Choir



ON Bank Holiday Monday, the choir supported the Tenovus Singathon on Barry Island by opening the event with an offering of seven songs, including 'Fields of Gold' and a new arrangement of 'You've Got a Friend' with which the audience joined in.

The choir meets every Wednesday from 7.30pm at

Crossway Methodist Church, Barry and our doors are always open to anyone interested in singing for pleasure. It is known for performing in care homes, residential homes and for various local groups and look forward to continuing this during 2017.

If you would like to join the choir or would like it to sing for you, please contact it via its website: www.barrycommunitychoir.com, Facebook: Barry Community Choir, or telephone 01446 748724.

Billy Elliot rehearsals in full swing at Barry Comprehensive School

(Back L to R): Jamie Brown as Michael and Dylan Hooper as Billy on Monday and Tuesday.

(Front L to R): Frankie Moreno Weaver as Michael and Kyle Bellamy as Billy on Wednesday and Thursday.

REHEARSALS are in full swing for this year's school production of **Billy Elliot: The Musical**.

Pupils are working on learning lines, rehearsing songs and memorising the choreography for the dance routines involved in the production.

They are having great fun working on this production and it would be lovely to see as many people as possible in the audience during the performance week, Monday, July 10 - 13.

Tickets are £6 each and are on sale. If you would like tickets, or you require further information, contact the school on 01446 411411.

ANDREW CLISSETT
Barry Comprehensive School



Rhose boxers out in force for memorial run

ON May 21, 20 members and supporters of Rhose Amateur Boxing Club completed the Peter Anthony Memorial Run from Barry

Fire Station to their gym in Rhose. Under a blazing sun, the young fighters showed tremendous spirit and stamina in their mission of fitness and fundraising.

Of those aged 10 and

older, Yestin, Leo and Zeb all finished in well under an hour with Nicola and her sister, Louis, Brandon and Tom completing the run shortly after.

For the under-10s, the first to finish was seven-year-old Liam Cummins with an impressive time of one hour, 10 minutes who was closely followed by Ellie, Mathew, LeSean, Joel and Marly.

Head coach Michael Smyth congratulated the runners as they arrived back at the club and newly qualified coach Wayne Cummins accompanied the participants, along with supportive parents to ensure the safety of all.

LC

'PIP 2' WITH BEAVERS

THIS year's Party in the Park 2, organised by Barry Beavers Disabled Swimming Club, is in the planning stages and it'll be held again at Porthkerry Country Park on August 6.

Tickets are still available for the event and can be bought on our club sessions on Saturday at 3.45pm at £2 each.

There are plans of what's going to happen on the day, team events

and entertainment activities, as well as competitions, among other things, and a live performance from a band (tbc).

The club would like to invite other swimming clubs with whom we compete to come and join in the fun too.

Keep your eyes peeled for future info of PIP 2. For more information, contact patricia finch@sky.com.

Barry Yacht Club gets in on the act for TV drama



Barry Yacht Club members.

BANK Holiday Monday last week proved an eventful day for Barry Yacht Club because it was taken over by Vox Pictures and became a film set for an evening.

Keeping Faith or *Un Bore Mercher* is an eight-part series set in Carmarthenshire.

Filmed – hence the bilingual title – back-to-back in Welsh and in English, it tells the story of lawyer, wife and mother Faith, played by Eve Myles, as she investigates the sudden disappearance of her husband.

Using the familiar trope of the seemingly idyllic small town that harbours dark secrets that threaten the lives of the main protagonists, Faith's ordeal

transforms her from a stay-at-home, fun-loving and carefree mother into a detective.

Production had already started with filming taking place in Laugharne, the Vale, and Bridgend, the home of Vox Pictures. Club members participating as 'supporting artists' had a glimpse into the world of television drama.

Dan Davies commented: "BYC's clubroom was transformed by the props and sparks departments and was almost unrecognisable when we arrived in the evening.

"Filming went on until midnight but it was worth it to be a small part of what promises to be an excellent drama series."

Ray Brown said: "It was fascinating to see how much preparation and hard work goes

into producing drama; we saw such professionalism in the production company."

"It was great fun," added Vikki Wright. "We enjoyed the whole experience of makeup and wardrobe."

The cast includes some of Wales' best-known acting talent, including Matthew Gravelle, Mali Harries, Mark Lewis Jones and Aneirin Hughes.

What was the clubroom transformed into? For that, GEM readers will have to watch the series. It will be broadcast on S4C in Welsh in the autumn and in English on BBC1 Wales in the spring of 2018.

Later in the week, the BBC was filming *Casualty* at the club, but, unfortunately for the members, no extras were needed.

NATURE AT ITS BEST FOR THE RAMBLERS

FOURTEEN walkers and Eira the Labrador joined Joy from Penarth and District Ramblers in Wenvoe recently.

They met near the 12th century village church dedicated to St Mary on a beautiful warm and sunny evening.

Following the path into the Wenvoe Orchard Field, a nature reserve, where a few common spotted orchids were viewed peeping through the long grass, led onto a road at Twyn yr Odyn, with its glorious views over north Cardiff.

A narrow path, overgrown in places at the rear of the Wenvoe transmitting station,

brought them out onto the fern covered St Lythans Down. Travelling west, then south to the field corner, where late bluebells were still in bloom, a stile led them into a huge field of tall oilseed rape.

Forcing their way through thick undergrowth beside the crop and reaching the lane leading to Lodge House Farm, more long-grassed fields led to Burdonshill lane for their return through Wenvoe Wood.

The following day, in equally brilliant sunshine, 12 walkers joined the linear Vale of Glamorgan Festival walk led by Geraint, from Rhoeose railway station.

Heading along part of the Wales Coast Path at

Fontygary and descending the cliff steps to Andrews Pant, they walked through the East Aberthaw nature reserve, with its lovely views over the Bristol Channel and across the lake to the old ruined lime works.

Following the path around Aberthaw Power Station to the delightful Limpert Bay and heading through fields to Summerhouse Point, the clifftop path led them to Cwm Col-huw where they turned inland heading uphill to Llantwit Major for a cool drink at the pub prior to the train journey back to Rhoeose.

The following day, 19 walkers and Ramakin the dog joined Joy beside the River Wye at Lower Lydbrook in

Gloucestershire.

They fought their way through long grass and ferns to climb up through beech trees in Hangerberry Wood and reached open ground, when it rained.

Following the Wysis Way downhill through meadows, a pretty valley led them onto the road for the climb to English Bicknor. An open-topped 61-year-old bus was waiting to convey the occupants of a wedding taking place in St Mary the Virgin Church to the reception.

In drier conditions following a lunch stop, more fields led downhill to Common Grove, then by track across to Highmeadow Woods and onward to the viewing platform at the Yat Rock, before a steep descent through woodland led to the banks of the Wye for the flat journey back to Lydbrook.

On June 10, meet at 8.30am at Cogan Leisure Centre for a 12-mile hard walk from Garwnant taking in Mynydd y Glog; contact Barrie on 029 2053 0753.

On June 15, meet at 7pm at Dinas Powys village square for a four-mile moderate walk taking in Dinas Powys hillfort and Park Wood; contact Geraint on 029 2051 5278.

ND

JS

Big Barry Dance Project entertains

THE sun was shining and the children, staff and local community all gathered on the school playing field for the Big Barry Dance Project at Oak Field Primary school recently.

The students, from all years, had been practising for two weeks to create dances that inspire and engage young children.

The Bodies in Motion Project has been funded by the Arts Council of Wales and Barry Town Council and was run by Motion Control Dance, headed by Emma Mallam.

Motion Control Dance worked with children from Oak Field and with Jenner Park, Cadroxton and High Street pupils to perform a large school dance performance on 'Life Cycles'.

The year-6 girls in all the schools will go on to perform their dance with pupils from Bryn Hafren Comprehensive at their 'transition day' in July.

The children at Oak Field loved performing their dances in front of their parents and carers, displaying their newly-learned dance moves.

ND

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PLEA FOR COUNCILLORS TO REVIEW CARE COSTS

THE cost of overnight expenses and meal allowances claimed by councillors can be twice what local authorities pay in care home fees for vulnerable people, Care Forum Wales (CFW) has said.

In the Vale, 24 hours of care costs £80.71. If councillors are away on official business, then they can claim £95 a night for overnight accommodation and £28 for meals, making a total of £123.

The care figures have come to light following an investigation by CFW, the body that represents nearly 500 social care providers.

The Vale Council told The GEM that comparing two unconnected sets of figures was misleading, and misrepresentative in the case of the Vale.



Mary Wimbury of Care Forum Wales.

CFW has compiled a list of the latest fees paid by local authorities for residential and nursing care in Wales. The rate per night paid by local authorities for residential care varies between £60.57 in Powys to £80.81 in Rhondda Cynon Taf. According to Care Forum Wales, there was a "curious disparity that some might see as a case of double standards" and they urged councillors elected last

month to review care home fees "on the basis of fairness".

Senior policy advisor at CFW Mary Wimbury said: "We certainly don't begrudge councillors the right to claim legitimate expenses while on official duties. Far from it. Councillors do an important job and they must be properly reimbursed and supported."

"But it seems only fair that as a society we provide a similar adequate level of funding for social care for the most vulnerable people in our communities."

"The issue is simply about what is fair and appropriate. With the 22 new councils in place, we have an opportunity to make things fairer for everybody, not least those who receive and provide social care in Wales."

"It seems to me only right that a councillor, who has expenses quite properly to deal with council business, should not be having more than it pays for a profoundly frail older person who has been assessed as needing that care."

"Councillors are reimbursed for real costs and the point we would make is that social care providers are also having to deal with very real costs."

"Nursing care involves paying a nurse to be on the premises 24/7 and staff will need to help, dressing, washing and sometimes moving and feeding residents as well as dealing with incontinence. This level of care is way above and beyond the cost of accommodation and food for a councillor."

A Vale Council spokesperson said: "Comparing two completely unconnected sets of figures is in itself misleading. The suggestion money claimed by councillors in the form of subsistence expenses is disproportionate to what is spent on residential and nursing care is particularly misrepresentative in the case of the Vale Council."

"The latest figures available, for 2015-16, reveal councillors claimed a total of £1,713 for subsistence expenses, while nearly £13.4 million was spent on nursing and residential care."

CFW supplied figures (calculated over 24 hours) for Vale residential care (£80.71); care for an elderly person with mental health problems (£89.14); nursing a person (£101.86); and nursing an elderly, infirm person with mental health issues (£110.29).

News from Ysgol Sant Baruc



The Mayor presents the shield to the winning house, Glyndwr.

Sports Day

OUR sports day was on May 25 at Jenner Park. What a fantastic day it was with great weather, happy children and supportive parents.

Glyndwr was the winning house, with Buddug coming in second and Llywelyn in third place. There was only one point between first and second place! Everyone gave of their best and took part in every activity.

Thank you to all staff for their preparation and to parents for taking time to support the day and for competing in a few races. Thank you also to the Mayor and school governor, Nic Hodges, for presenting the trophy to the winners Glyndwr.

Mabolgampau

ROEDD ein mabolgampau ar y 25ain o Fai ym Mharc Jenner yn diwrnod arbennig! Tywydd poeth, plant hapus a rhieni cefnogol.

Glyndwr oedd y llys buddugol, gyda Buddug yn Zail a Llywelyn yn 3ydd. Dim ond un pwynt oedd rhwng y llys buddugol a'r ail sfa! Roedd pob un wedi rhoi o'u gorau a chymryd rhan ym mhob gweithgaredd.

Diolch i'r staff am yr holl baratoi ac i'r rhieni am ddod i gefnogi a chymryd rhan mewn ambell cystadleuaeth. Diolch hefyd i Faer Y Barri ac aelod o'n llywodraethwyr, Cynghorwr Nic Hodges am gyflwyno'r tarian i'r llys buddugol.

Llwyddiant i Lottie Success for Lottie

Local homework club's volunteering award

THE Vale Parent/Child Homework Support Club was recently presented with a highly commended award by Annette Harrison, after being nominated for National Volunteer awards for their work with youth in the Vale.

The club received a highly commended award from the WCVA volunteer awards. The club has a team of volunteers who have worked for five years to support young people in

Llongyfarchiadau anferthol i Lottie o ddosbarth 2 sydd wedi cael ei dewis i fod yn rhan o dim gymnasteg Cymru. Am newyddion gwyb- rydym ni'n falch iawn ohonot. Mae Lottie yn aelod o Glwb Gymnasteg YMCA y Barri ac mi fydd nawr yn derbyn hyfforddiant yn fisol gan hyfforddwyr Cenedlaethol Cymru.

A huge congratulations to Lottie in year-2 who has been chosen to represent the Welsh Gymnastics Team. A fantastic achievement, we are very proud of you. Lottie is a member of the YMCA Gymnastics Club in Barry and will now receive monthly training sessions with the Welsh national coaches.

Llwyddiant yn yr Eisteddfod Success at the Eisteddfod

Llongyfarchiadau i Stefanie ac i Llwyddiant yn Eisteddfod yr Urdd. Fe ddaeth Stefanie yn ail wrth gystadlu yn yr Unawd Gitâr o dan 11 oed. Roedd safon y gystadlu yn uchel iawn ac felly rydym yn falch iawn o Steffi. Da iawn hefyd i'r Grŵp Ensemble gitâr bu'n cystadlu yn yr Eisteddfod.

Congratulations to Stefanie on her success in the Urdd Eisteddfod. Stefanie took second place competing in the individual guitar competition for pupils under 11 years of age. The standard of competition was high therefore we are very proud of her. Also well done to the guitar ensemble, who also competed in the Eisteddfod.



Lottie.



Stefanie.

Take the Open Studio Trail in Penarth

PENARTH is will be showing their work in 15 studios around the town. Demonstrations will be taking place in many studios. Cathy O'Doherty said: "I will be demonstrating tools, equipment and the processes I use in glass fusing."

All artists will be on hand to explain their work and talk about the thought process behind the designs. Mixed media artist Guy Woollens commented: "We enjoy sharing our experiences and knowledge with everyone."

The trail includes fine art, stained and fused glass, ceramics, textiles and jewellery. Trail maps are available from Penarth Library, Glass By Design (Station Approach) and Artisan's Corner (Glebe Street).

Digital copies can be requested from sales@glassbydesign.co.uk For more info, call 02920705317 or look on Facebook.

No pause in tale of dog-tired man's 365-day fundraiser

A PORTHCAWL man has pledged to run every single day in 2017 to raise money for an animal rescue centre.

Some of the dogs the centre helps have never been given a name, and many of them have endured 'traumatic experiences'.

Mark Bowen (35) who works for Admiral in Cardiff, is 150 days into the challenge and has set himself some strict rules.

He told The GEM: "I aim to run 365 days in a row to raise money for 'Many Tears Animal Rescue' in Llanelli. 'Many Tears' takes in and re-homes dogs that - more often than not - have had a pretty traumatic time."

"Many of them are ex-breeding dogs that were never given a name, let alone a chance to run in the park or lie on a sofa at the end of the day."

"They help these dogs find homes where they will be loved and become members of a family, something that every dog wants and deserves."

Mr Bowen admits that the year-long challenge is the hardest thing he has ever done, and that so far he has had to run in winter, spring and summer.

"So far, this year, I have run in everything from hailstones and freezing winds to intense, dehydrating heat."

"Thinking about what these dogs have gone



Mark Bowen is running for Many Tears.

through gets me out there every day without fail. If you have a dog in your family, you'd probably understand."

His rules are simple: "I have to run every day for at least three kilometres every time, and do at least 30km in a week. I must hit over 1,600km for the whole year."

"On top of this, I have set myself extra targets - possibly 2,000km for the year, and an average of over 5.5km per day over the year."

"For each one that I hit by December 31, I will add £50 myself to whatever has been raised. If I'm going to do this, it might as well be as challenging as possible."

To donate, 'Many Tears' go to: www.justgiving.com/crowdfunding/365challenge. For more information on Many Tears, go to: www.manytearsrescue.org/gindex.php.

'Split planning meetings in two' says Vale councillor

A VALE councillor says it is time planning meetings were split in two.

Coun Gwyn John, who represents Llantwit Major, told The GEM that excessively long meetings weren't good for anyone and detrimental to good decision-making.

In last week's GEM, Sully's Coun Kevin Mahoney complained about a Vale Council decision to bring planning meetings forward to a 4pm slot

instead of the evening.

Coun John said: "I agree with the comments of Coun Mahoney about planning meetings starting at 4pm and the fact that the meetings are too early for many working people to attend."

"I also appreciate that many councils hold their meetings during the daytime across Wales which brings the question, how can working people attend meetings?"

"It also begs another question: how can working people become

by **TIM CHAPMAN**
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councillors? Nobody can risk their full-time job to become a councillor, possibly lose their seat after five years and not have a job to go to.

"That is why many people never get involved in local government as there are no pay-offs when one loses their seat, unlike

Westminster and the Welsh Government, where MPs and AMs get a payment. One is simply out of a job and signs on as unemployed."

"It means that councils are in many cases made up of retired people, which is not what the Welsh Government is promoting. The whole structure needs to be examined for the future."

Coun John said that Mark Drakeford AM, the Cabinet Secretary responsible for local government, needed to carry out an in-depth examination of Welsh council structures.

He said there was a particular change he would like to see at the Vale Council.

"I think it would be better to spread the monthly planning meetings, which are currently in place, over two meetings in the same week."

"Changes in the structure of planning have resulted in people, who have issues either for or against an application, being

allowed to speak at a planning meeting with a response from the opposite group to the application.

"This all takes time and as a result, a contentious application could take anything up to one and a half hours to decide."

"Long meetings are no good for anyone: council officers, councillors and members of the public. So for me, the only answer is to adjourn the meeting after, say, two and a half hours, or when an item is completed, and then continue another evening."

Coun John said he had always believed that councillors who sit on the planning committee should not be sitting on another committee within three days of a planning meeting.

"Sometimes there are very large agendas with anything up to 300 pages to read, and councillors need to understand all the details in preparation for a meeting."

He added that he had not served on the planning committee, but had attended it to give evidence on behalf of his ward residents, and was aware that the planning process was very demanding on those involved.

'PERMISSION FOR ENERGY PLANT WAS TAKEN OUT OF COUNCIL'S HANDS'

LAST week, The GEM reported on the rejection of a biomass plant in Glenrothes, Scotland.

Docks Incinerator Action Group supporter Max Wallis had pointed out that Fife Council had concerns about the impact on air quality and the environment, and whether it could affect existing or future businesses on neighbouring employment sites.

He added that Fife Council's main reasons for rejection applied in a greater degree to the plant in Barry.

Coun Anne Moore, who represents Cadoc ward, contacted The GEM, responding:

"Could Mr Wallis please explain to the public what the difference is between Fife Council rejecting this planning application now and the Vale Council rejecting it in 2008?"

"The Vale Council planning committee in 2008 refused planning on this application. However, the company appealed and the Independent Planning Inspector for Wales

then granted them planning on the Barry site."

"The planning permission was, therefore, taken out of the hands of the council and consent granted, which is where we are now, awaiting the granting – or not – of

the operating licence from NRW."

"All the rhetoric and misleading information that was spread by many people before the election was just 'scaremongering', designed to mislead the voting public and they succeeded."

More respondents are needed for health study

THE Chief Medical Officer for Wales is asking Vale residents to take part in the largest Welsh population health study yet.

Backed by the Welsh Government and led by Cardiff and Swansea Universities, HealthWise Wales was launched in 2016 to study the health and 'wellbeing' of people in Wales and help the NHS and social services plan for the future.

Respondents are asked to answer a 10-minute online survey about their health, lifestyle and wellbeing every six months.

HealthWise Wales researchers will study the information provided to

attempt to link the relationship between health and life habits, which could help identify new ways to prevent illnesses and develop new ways of helping people who have health problems manage their conditions.

Since its launch a year ago, several areas have already been covered and new surveys on dental health, mental health and skin conditions are set to be launched in the near future.

To find out more and to complete the survey, visit www.healthwise.wales.gov.wales, or call the HealthWise Wales team on 0800 9 172 172 or 02920 768 090 between 8am and 7pm, Monday to Friday.

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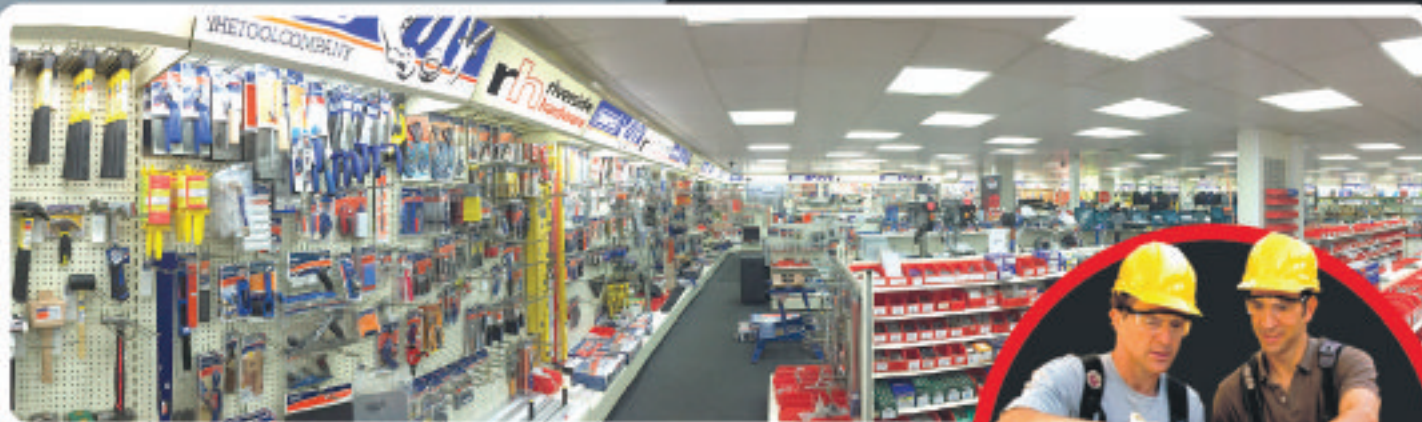
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Barry to enjoy a lively romp in an 'Edwardian Summer'

THE Welsh Camerata performs choral pieces written during or inspired by that brief period of apparent ease and long summers before the First World War, which is called the Edwardian era.

The concert is in All Saints' Church, Barry, on Friday, July 7.

The choir's founders, Beatrice and Tim Pearce, are Barrians and are delighted that the choir will perform in their home town.

Andrew Wilson-Dickson, the choir's director, said: "The Edwardian period coincided with a revival of interest in small-scale choral singing.

"Composers in Britain responded by creating a rich legacy of choral works, many of which today lie sadly neglected.

"Elgar and Holst, for example, rightly known for their orchestral epics – such as the *Enigma*



ABOVE: The Welsh Camerata.

Variations and *The Planets Suite* – also wrote exquisite choral miniatures which form the backbone of this concert."

The concert also features pieces by Delius, Grainger and Coleridge-Taylor, plus a setting of words by the medieval Welsh poet Dafydd ap Gwilym, written especially for the Welsh Camerata by Mr Wilson-Dickson and inspired by his interest in early 20th century British music.

All the pieces are

unaccompanied part-songs, set to secular texts including folk songs, coinciding with a popular upsurge in the rediscovery and gathering of folklore during this period.

They cover a range of styles, from the lush sonority of Delius's setting of Tennyson's *The Splendour Falls On Castle Walls* to lively romps, such as Holst's version of the folk song *Swansea Town*.

Mr Wilson-Dickson will also perform piano

pieces by EJ Moeran and the musical works will be interspersed with short readings by members of the choir.

This takes place at All Saints' Church, 3 Park Road, Barry, CF62 6NU on Friday, July 7 at 7.30pm.

Tickets online from www.welshcamerata.org/ or on the door: £10, £8 concessions.

Refreshments will be available. For more information contact Viv Goldberg, viv@goldberg.co.uk.

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Paul Langford (left) and chef Max Morgan with The Yard's monster pizza oven.

Bringing Neapolitan pizzas to Cowbridge!

A NEW restaurant in Cowbridge is the proud possessor of the biggest pizza oven in south Wales so owner Paul Langford believes.

The Yard, which has set a provisional opening date of Friday, June 16, aims to offer pizza and pasta, capturing the genuine atmosphere of Italian dining. It is on the town hall square, in the premises formerly occupied by Beagles Country Store.

Paul said that the pizzas would be Neapolitan style – hence the big oven which can bake a margherita in just 90 seconds – and the

restaurant would be very family friendly.

Paul told The GEM: "I've lived in Cowbridge for eight years and I have always thought this place should be a restaurant."

"I'm really keen that people see it as a relaxed family place to eat, with children welcome."

With that in mind, Paul has made sure that all 14 electrical power points have a USB adaptor for smart phones and laptops.

As The Yard will have 84 seats, there will be plenty of room for diners, whether families or couples.

The Yard will also be offering takeaways and home delivery.

WASPI Vale network is established



It was a successful coffee morning and information event at Highlight Park Community Centre.

WASPI campaigners hosted a coffee morning at Highlight Park Community Centre, Barry, on June 3, to publicise pension inequality.

WASPI stands for 'Women Against State Pension Inequality' and the campaign is fighting for fair transitional pension arrangements for women born in the 1950s affected by changes to the state pension law.

Women from across the Vale attended the

event at which they heard local WASPI campaigner Kay Clarke describe the impact on the lives of thousands of women across the UK as a result of the sudden changes to pension arrangements.

Vale AM Jane Hutt, who has backed the campaign, explained: "We heard personal stories from women who had worked hard while caring for their children and who had often cared for grandchildren and who, despite paying National Insurance all their lives, were not entitled to a state pension

when it was due.

"I am very pleased to announce that as a result of the event a WASPI Vale Network has now been established."

Kay Clarke told The GEM: "We had a great turnout for the coffee morning and were able to inform local people about how WASPI began."

"The Pensions Act 1995 included plans to increase women's state pension age to 65, the same as men's. WASPI agrees with equalisation, but does not agree with the unfair way the changes were implemented with little or no personal notice, the process being faster than promised, and no time to make alternative plans. Retirement plans have been shattered with devastating consequences."

Kay explained that the campaign had come a long way in a short time. "It started with just five ordinary women who in 2015 got together and decided to fight this injustice."

"Since then the campaign has become nationwide with many local groups such as ours growing daily via – mainly – social media."

"We decided to try to spread the word further to the many women who are not involved in social media."

Campaigners think the UK Government should come up with adequate transitional arrangements for those affected.

Kay said that among WASPI achievements have been the national demonstration in March this year attended by 6,500 people; £100,000 raised on Crowdjustice in three weeks to fund a legal campaign; 140 groups nationally; a total of 193,186 signatures on a supportive petition; and WASPI evidence given to a select committee on work and pensions.



Jo and Liam Simpson with Phoenix.

Meet Phoenix – THE CAT WHO SAVED LIAM FROM LAPSING INTO A COMA

A CAT from Barry who woke a diabetic teenager when he was close to falling into a coma, has been shortlisted for an award after being named as a finalist in Cats Protection's National Cat Awards 2017.

Phoenix beat hundreds of other entries to take her place as one of three contenders in the 'Hero Cat' category, celebrating cats that 'saved the day'.

The 11-month-old pet was selected as a finalist in recognition of alerting 16-year-old Liam Simpson to a potential medical emergency as he slept in February this year.

Mum Jo explained: "Liam has type 1 diabetes, and it's very important his blood sugar doesn't run too high or low, as either can be very dangerous."

"It can be hard to tell if there's a problem while he's asleep, but Phoenix seems to know."

"Phoenix has woken Liam a few times when his blood sugar has been outside of safe levels, by jumping onto his chest and pawing at him."

"On one occasion in February, Liam's blood sugar was particularly low and if he had been left any longer he could have fallen into a coma."

"Fortunately, Phoenix was there and had kept batting him with her paw until he woke up."

"Had he not woken, there could have been very serious consequences, so we feel so lucky to have her."

"Phoenix is a great family pet, and she enjoys being with people very much. But she's extra close to Liam and likes to sleep in his room."

"As a mum, it's really comforting for me to

think that Phoenix is looking out for him."

While some animals can be trained as medical alert animals, Phoenix has never received any training, making her ability to detect health emergencies even more 'remarkable'.

Cats Protection's National Cat Awards is an annual celebration of the 'real-life stories from the feline world'. The

winners will be announced at a ceremony in London in August.

Cats Protection's awards organiser Kate Bunting said: "Thanks to Phoenix, Liam was able to wake up and avoid a potentially very dangerous situation."

"It's great to hear that Phoenix is a much-loved pet, as well as being a lifeline when Liam needs it most."

Cowbridge U3A

THE next Cowbridge U3A meeting will be a talk entitled: 'Does Development Aid Really Work?', by Dr Robert Smith MBE, at 2pm on Wednesday, June 14 in Cowbridge Town Hall.

Visitors welcome; there is a small fee, which includes refreshments. See www.u3asites.org.uk/cowbridge.

No appointment is needed; call 01446 732385 for further information.

Hims And Arias choir

AT Zoar Church, Bonvilston on June 15 a musical evening with Hims And Arias (formerly the Minnesingers) will take place at 7pm. This is a free concert in aid of Christian Aid's Philippines appeal, Typhoon of Love and a collection will be taken.

The choir performs under the musical direction of Meryn Williams.

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Marie Curie's 'thank you' party for its volunteers



Marie Curie chief executive Dr Jane Collins cuts the celebration cake with volunteers from across south Wales.

VOLUNTEERS who support people living with terminal illness have enjoyed a special thank you party courtesy of Marie Curie during Volunteers' Week.

The Marie Curie Cardiff & the Vale Hospice in Penarth played host to two events on June 1 to thank volunteers for giving up their time to support the charity's work.

Two events were held for volunteers: a tea party in the afternoon, to help promote the charity's latest fundraising campaign the Blooming Great Tea Party; and an evening buffet with cava provided by the John Lewis Cardiff store, which is supporting the summer campaign.

Both events were attended by volunteers who support Marie Curie in a variety of ways, from drivers and fundraising volunteers, to help volunteers and those who provide complementary therapies to patients and carers. There were also volunteers from the charity's Pontypool office.

The charity's chief executive, Dr Jane Collins, attended the hospice for both events to thank volunteers for their support.

She said: "I am really delighted to be here in Cardiff. I really wanted to come and see you and to thank you for all you do for us."

"I don't think we can thank you enough, so having

this event is just a small way that we feel we can thank you for what you do. We really wouldn't be able to do our work without your support."

Paula Elson, hospice manager, added: "We were thrilled that so many of our volunteers were able to attend our special celebration events so that we could thank them for their amazing support."

To sign up for a Blooming Great Tea Party free fundraising pack including invitations, posters and quizzes to make your event blooming great, visit www.mariecurie.org.uk/teaparty.

Sunset at the bandstand



Porthcawl resident Judith Holden recently visited Barry, and was struck by the sunset in Victoria Park, Cadroxton. She said: "It's a lovely park that has great views over Barry. I hope your readers will enjoy seeing this one. "I call this photo Waiting for Spring to Arrive."

You'll get a sixth sense for this dog of the week

DOGS TRUST Bridgend is appealing to dog lovers to help find a home for a dog called Bruce.

Because of his looks, the team at the Pen-y-Fai rehoming centre to nickname him 'Bruce Willis' in a bid to find him a home.

The one-year-old hound has been at the centre for three months. He is a bit of an adrenaline junkie and loves to have a good run off-lead to burn off all his energy.

He is a friendly chap with a great personality and good looks to boot.

He is very sweet-natured but is a cheeky chap and into everything, so adjustments to the home may be needed so things are out of his reach which are tempting for him.

He loves running around so would need an energetic owner to

keep up with him.

Bruce will need daily off-lead exercise and his new owners will need to give him lots of toys to keep him occupied when leaving him for short periods.

He does require more training and further socialisation with other dogs so is looking for a patient new owner to continue his training, help him settle in and become part of the family."

Bruce will be best suited to a home where residents like lurchers. He could live with children, but they would need to be 14 years or older.

If you think you can offer Bruce a home, then call Dogs Trust Bridgend on 0300 303 0292 or visit the centre at Pen-y-Fai, Bridgend, CF31 4NG.



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Out & About with The GEM

DC films are back on track, as there is plenty of Wonder in this Woman!

COMIC-BOOK films may have taken over the cinematic landscape in the last decade or so, but they have predominantly been a testosterone-fuelled arena.

While the likes of Scarlett Johansson's Black Widow, Anne Hathaway's Selina Kyle (or Catwoman) and some X-Men characters have popped up in films, they have taken, more often than not, a back seat to the male characters.

Slowly that seems to be changing, with Marvel having announced a Captain Marvel film starring Brie Larson, DC announcing a Batgirl film written and directed by Joss Whedon, and the release of the week's big

blockbuster, *Wonder Woman*.

Starring Gal Gadot (reprising her role from *Batman v Superman: Dawn of Justice*) as the titular hero Diana Prince, it tells of how she became to be Wonder Woman. When fighter pilot Steve Trevor (Chris Pine) crashes on Themyscira, home of the Amazons, she becomes aware of World War I being fought in the outside world.

Believing she can stop the conflict, she and Trevor leave Themyscira and embark on a quest to bring peace, one where she will discover her powers and her destiny, and one that brings her into conflict with Danny Huston's General Luddendorff, Elena Anaya's Doctor Poison – and an even more godly threat...

It's safe to say that the DC film universe hasn't got off to the best



by
GARETH JAMIESON

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of starts; *Batman v Superman* (despite this writer finding much to admire) was a critical bomb while *Suicide Squad* brought home big box office but was something of a mess.

So *Wonder Woman's* arrival on the scene comes with double the pressure – both to course-correct the DC universe and to be the first female-led superhero film to reach the big screen. It's good to report, then, that not only does *Wonder Woman* restore balance to the shaky foundations of DC on film, but also makes for a superb film on its own terms.

Having already met the character briefly in the aforementioned *BvS*, *Wonder Woman* expands on the character's mythos and how she came to leave Themyscira. The film's early scenes set on the island are visually gorgeous and sets the stakes up well.

Young Diana doesn't need to learn to fight as war is purely for the outside world, the Amazons protected, but, as tempestuous youths are prone to doing (especially in films like this) Diana begins her training learning

hitherto unknown abilities before getting embroiled in Steve Trevor's espionage mission to try and stop Germany winning World War I.

Once this narrative heavy lifting is done the film settles down into something of a period romp, as Diana gets used to the outside world (both the good and the bad aspects of it) and sets about bringing peace to it. It would feel slightly portentous were it not for the tone that director Patty Jenkins goes for, serious certainly but not without moments of levity.

It's a film that, pleasingly, doesn't shy away from the horrors of war, nor the fact that just because Diana is working with the 'good guys', all mankind, no matter the side, can be corrupted and broken by warfare.

What's most refreshing is that, having so far failed to really nail the character of Superman, and turned *Batman* into a Trump-lite vigilante, writer Allan Heinberg portrays the character as she is on the page – heroic, stoic and decent, determined to do the right thing.

They've found the right actress to do that in Gal Gadot, whose casting was met with more than a degree of scepticism but who has proved, over two films, to be superb in the role. Having stolen *BvS* from the big hitters Gadot is excellent here, a glint in her eye and a ferocity in her heart, and the purity and innocence of the character being slowly corroded by the realities of the real world are portrayed superbly by the actress.

She has a great foil in Chris Pine, whose work just keeps getting better and better, and here he not only manages to make for an interesting

character but one who is more than happy to cede the spotlight to Gadot when required, the pair sharing a wonderful chemistry.

There is much to enjoy around them; the band of brothers Trevor employs to help track down Luddendorff (Ewen Bremner, Said Taghmaoui and Eugene Brave Rock) offer both light relief and depth, while Connie Nielsen and Robin Wright (as Diana's mother and aunt respectively) impress.

The only real bum note comes from the villains of the piece; Danny Huston struggles to bring any real intensity to the one-note character of Luddendorff while the (in theory) more interesting Doctor Poison also feels undercooked despite Elena Anaya's best efforts.

With Patty Jenkins impressing greatly in the director's chair (even if the climactic set-piece is a little too OTT with the CGI), this is a truly great superhero film, and one that is all the more impressive given the hefty weight it carries on its shoulders.

It may have taken 76 years for *Wonder Woman* to reach the big screen from the page – but now she's finally here she's truly Wonderful!

VERDICT – A superb big-screen debut for the character, *Wonder Woman* is a sublime film. While its villains are lacklustre, Patty Jenkins' direction and a wonderful cast, led superbly by Gal Gadot's titular character and Chris Pine, make this a joy to watch. Recommended.

SEE THIS IF YOU LIKED: *Batman v Superman: Dawn of Justice* (2016), *Captain America: The First Avenger* (2011).

WHAT'S ON AND WHERE IN YOUR AREA

Barry at War museum
THE Barry War Museum will be open on Sunday, June 11 when the Cardiff Lindy Hopp dancers will perform in front of Barry Island station and at other locations on the promenade – weather permitting!

Within the museum, medals awarded to the Gillingham brothers of Cadoxton, Barry, in World War Two will be on show and we are hoping find out more about the Gillinghams. If you are related to them, please get in touch. Also, if you were stationed at the Fort on Nells Point or at the SRD during and after the war, again we would like to hear from you.

Cowbridge Art Society
ON Thursday, June 8, there will be an illustrated lecture by former V&A curator Roger Pinkham on **Tonalism Today** and on Thursday, June 15, Cardiff artist and lecturer **Richard O'Connell** will be directing a practical life drawing session.

The society welcomes artists and non-artists of any level, who would like to see demonstrations of various art techniques or attend illustrated lectures on art topics. We meet on Thursday evenings at the Old Hall, Cowbridge from 7pm to 9pm. Visitors and new members are most welcome.

For details of the society's programme and activities see www.cowbridgeartsociety.com and www.facebook.com/cowbridgeartscs/ ?ref=bookmarks.

AM Surgery
VALE of Glamorgan AM Jane Hutt, will be holding a surgery on **Saturday, June 10 at Barry CAB, 119 Broad Street, Barry, CF62 7TZ from 10am-11am. No appointment necessary.**

Alzheimer's Society
Open Day – correction
THE Alzheimer's Society Cymru

tenders its apologies and would like it to be noted that the Open Day hosted by Ms Barrett was held on May 22, and is NOT to be held on June 22.

Valeways guided walks
ON Monday, June 12 there will be a coastal path circular walk starting from Redbrink Crescent at the entrance to Jackson Bay on Barry Island at 7pm.

On Tuesday, June 13 an Orchids and Castles walk – meet in Walston Castle car park in Wenvoe at 1.30pm.

On Wednesday, June 14 the Coffee Shop Strollers meet at 10.30am at the Romilly Cafe on Cold Knap in Barry. The same day, meet in Cowbridge at 2.30pm by the Physic Garden fountain in Cowbridge.

On Thursday, June 15 'Over the Common' for a walk in St Brides Major. Meet at 10.30am in the car park opposite the Fox & Hounds pub.

Barry Floral Society
'WYSIWYG' is the title of a floral demonstration to be given to members of the Barry Floral Society by Linda Garratt, area demonstrator of Abergavenny on Tuesday, June 13.

The meeting will be held at the St Nicholas Hall, St Nicholas Road, Barry at 2.15pm. New members are always welcome.

TeleV Project
IF you live alone, the TeleV Project might be of interest to you.

It aims to help vulnerable people manage the risks of living on their own, with a simple, easy to use device. An adviser from the project will be available to talk to and demonstrate this equipment on Tuesday, June 13 at 10am to 12pm at Age Connects Cardiff and Vale Senior Health Shop, 38 Holton Road, Barry.

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'FESTIVAL OF LEARNING'

IF you are frustrated by IT and just want to know a little bit more about how to use your computer or mobile device, KPC is holding a series of drop-in sessions where you can find out how to create an email, being safe online, how to set up an eBay account, how to register with your GP and more.

Pop in for a cuppa and some friendly help. June 14, 21 and 28 from 2pm - 4pm. June 13 and 20 from 1pm - 3pm at KPC Youth & Community, off Pyle Inn Way, Pyle, Bridgend (CF33 6AB) Tel: 01656 749219/745399 Email: kpcyouth@hotmail.com

The Cardiff Craft & Hobby Show
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Saturday 17th June 2017
10.00 - 16.00

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The Urdd Eisteddfod comes to Pencoed to showcase the best young talent in Wales

THE Urdd Eisteddfod was a welcome visitor to Bridgend county borough last week, with crowds flocking to the Pencoed campus of Bridgend College, where the show site was set up. There was plenty of keen competition – and so much to see!

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684
www.ffotoimage.co.uk



ABOVE: A dance group from Bridgend college wowed the audience.



ABOVE: Teams of volunteers were on hand to welcome visitors.



CYNGOR BRO MORGANNWG

CYNLLUN ARAFU TRAFFIG PLASSEY STREET (RHAN), PENARTH 2017

1. Hysbysir drwy hyn fod Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adranau 90A a C Deddf Prifffyrdd 1980 (fel y'i diwygiwyd), y darpariaethau yn Rheoliadau Prifffyrdd (Twmpathau Ffordd) 1999 a'r holl bwerau galluogi eraill, yn cynnig adeiladu mesurau arafu traffig fel y nodir yn Atodlen yr Hysbysiad hwn.

2. Mae modd gweld manylion llawn y cynigion hyn yn cynnwys copi o'r dyluniadau (T/16/118/MS a T/16/119/MS) yn y cyfeiriad isod yn ystod oriau gwaith arferol a rhaid cyflwyno unrhyw wrthwynebiadau a allai fod gennych i'r cynnig hwn i Gyfarwyddwr yr Amgylchedd a Thai (Cyf: IF824) yn ysgrifenedig erbyn 30 Mehefin 2017 a rhaid i chi gynnwys eich rhesymau dros wrthwynebu.

3. Gyda golwg ar Ddeddf Llywodraeth Leol (Mynediad i Wybodaeth) 1985 rhoddir gwybod i bersonau sy'n gwrthwynebu'r cynnig fod y Cyngor hwn yn gorfod gwneud unrhyw sylwadau a dderbynnir mewn ymateb i'r cynnig ar gael i'r cyhoedd edrych arnynt.

ATODLEN

Mesur Arafu Traffig

Top fflat 75mm o uchder ar y groesfan sebra i gerddwyr, gyda dimensiynau bras: 9 metr o hyd x 9.5 metr o led.

Top fflat 75mm o uchder ar y groesfan sebra i gerddwyr, gyda dimensiynau bras: 10 metr o hyd x 7.5 metr o led.

Lleoliad

Plassey Street, y canol tua 12 metr i'r dwyrain o'r gyffordd â Heol Fawr.

Plassey Street, y canol tua 13 metr i'r dwyrain o'r gyffordd â Glebe Street.

Dyddiedig 8 Mehefin 2017

Mr. M.E. Punter
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg
The Alps, Quarry Road, Gwenfô, CF5 6AA.



THE VALE OF GLAMORGAN COUNCIL

PLASSEY STREET (PART), PENARTH TRAFFIC CALMING SCHEME 2017

1. Notice is hereby given that the Vale of Glamorgan Council, in exercise of its powers under Sections 90A and C of the Highways Act 1980 (as amended), the provisions contained within The Highways (Road Humps) Regulations 1999 and all other enabling powers, proposes to construct traffic calming measures as detailed in the Schedule to this Notice.

2. Full details of the proposals, to include a copy the drawings (T/16/118/MS and T/16/119/MS) may be inspected at the address shown below during normal office hours and any objection you may have to this proposal must be submitted to the Director of Environment & Housing (Ref: IF824) in writing by the 30th June 2017 and must contain the grounds upon which you object.

3. Persons objecting to the proposed traffic calming are advised that in view of the Local Government (Access to Information) Act 1985 this Council is legally obliged to make any comments received in response to the proposal open to public inspection.

SCHEDULE

Traffic Calming Feature

A 75mm high flat top plateau incorporated into the existing pedestrian (zebra) crossing, with approximate dimensions: 9 metres long x 9.5 metres wide.

A 75mm high flat top plateau incorporated into the existing pedestrian (zebra) crossing, with approximate dimensions: 10 metres long x 7.5 metres wide.

Location

Plassey Street, the centre being approximately 12 metres east of its junction with High Street.

Plassey Street, the centre being approximately 13 metres east of its junction with Glebe Street.

Dated this 8th day of June 2017

Mr. M.E. Punter
Director of Environment & Housing
Vale of Glamorgan Council,
The Alps, Quarry Road, Wenvoe, CF5 6AA.



Barry Festival of Transport

THIS Sunday sees the annual Festival of Transport take place at Barry Island. The event continues to be one of south Wales' largest gathering of classic cars and heritage buses.

The free event will run all day from 10am to 5pm and visitors are asked to plan to arrive early.

Mike Taylor, the organising group chairman said: "The Barry Festival of Transport is South Wales' biggest classic car and heritage bus event. The festival will see over 350 cars on display and our most frequent free heritage bus service with departures up to every 10 minutes, so visitors can sample many different types of bus and see why they are all so different."

It is organised by the Cardiff Transport Preservation Group which this year is celebrating its 25th anniversary, and also has an open day at their restoration base, The Bus Depot, Barry.

At the festival visitors will have another chance to see recent acquisitions such as the 1933 bus which originally ran in

The Rhondda, a 1944 World War II bus from Pontypridd and a very rare Sentinel bus with a very Caerphilly built body.

Visitors can also see restoration progress on current projects including the 1951 Bedwas & Machen AEC brought back from South Africa, the last single deck bus built by Bruce in Cardiff in 1951.

Mr Taylor continued: "The numbers of classic and specialist cars visiting is phenomenal, around 260 are at least 18 years old and some go back to 1929."

"Along with heritage and modern buses we are looking at over 400 visiting vehicles."

"Our part sponsors such as Newtown Motors and Sytner BMW are bringing cutting-edge sports or electric cars, so the future can be glimpsed as well."

The free heritage bus service will be run with buses from over 50 years ago, saloons, double deckers and open top buses, most used to run in the valleys or in Cardiff or Newport but there will be visiting buses giving free rides.

The New Zealand bus owned by Dr Mike Walker and in the group's care is also set

to operate during the festival.

Mr Taylor said "The New Zealand bus ran for the first time in Wales last year, and it was so popular we have arranged to run it again on Sunday. The Festival of Transport has a wide selection of visiting trade stalls. The Barry Tourist Railway is operating and for a fare visitors can get to drive a Sentinel locomotive."

"On the bus side, some local operators are bringing along either special or brand-new vehicles. The classic car display and bus rides are free and thanks goes to support by The Vale Council."

The Festival of Transport is on Sunday, June 11 and car parking is available at the Barry Dock Offices which will be served by a free shuttle bus.

VALE PHOTOGRAPHIC CLUB SEES IMAGES OF WAR DAMAGED SYRIA

THE Vale Photographic Club has enjoyed another busy and exciting month.

Throughout the month our exhibition 'Taken in the Vale', images by our members representing various aspects of life in the Vale, was seen by hundreds of people at the Senedd building.

Our hotly-contested monthly club competitions were won by Patrick Davies and Mike Davies in the print section and Nick Craddock and Terry Verrinder in the digital sections, well done to all. On May 19 we were treated to a talk by Pam and Cled Lewis on their trip to Syria in 2010.

We saw a series of poignant images of the country before it was ravaged by war a number of those buildings ancient and modern are no longer standing.

Well done to Pam and

Cled for presenting such a thought-provoking evening.

The month was ended by father-and-daughter team Mark and Verity Lunn showing some of their vast and superb images of natural history, including creepy-crawlies, fungi, birds and Verity's favourites, squirrels both red and grey.

We have one more month before the summer break, but the committee is already well on the way to filling the programme for next year.

If you are interested in photography and are anything from a complete beginner to seasoned professional, we would be pleased to welcome you to our Friday meetings from 7.30pm to 9.30pm at Ystradowen Village Hall.

AS



An image by Pam and Cled Lewis.



Vale AM joins 'United Against Dementia' campaign

VALE of Glamorgan AM Jane Hutt joined the United Against Dementia campaign by supporting Alzheimer's Society Cymru to raise awareness of dementia during Dementia Awareness Week.

There are estimated to be 45,000 'dementia-friendly nation'.

people in Wales with dementia, and by 2055 there will be more than 100,000 people living with dementia.

Vaughan Gething, Cabinet Secretary for Health announced the Welsh Government Dementia Action Plan committing to making Wales a



CHRISTMAS BOOKINGS NOW BEING TAKEN

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All you can eat!
minimum of 10 Currys

Cater for individual dietary needs



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From the Star Inn (Car Park) in the old square Dinas Powys (Village). Turn left, go to crossroads. Go straight across into Highwalls Road then follow road past the church before bearing right at junction, continue to follow road, the Golf Club entrance is on your left.

BOOKINGS T: 02920 512727/07897 593355. E: garethdpgc@gmail.com. Walk-ins available.

How to plan for the future with Passmores

PASSMORES, one of Barry's most reputable and longstanding firms of solicitors, would like to encourage all people to plan ahead to avoid problems if they later lose mental capacity.

It means making a Lasting Power of Attorney (LPA) on the latest version of the forms. A Lasting Power of Attorney is a legal document that enables one person to make decisions on behalf of another.

There are two types of LPA: financial and welfare. Financial LPAs enable a person to act on behalf of another if, for example, they are ill or disabled and cannot act for themselves.

A welfare LPA enables a person to act on behalf of another if that person does not have the mental capacity to act for themselves, for example, in the case of a severe stroke.

Without an LPA, it may be necessary for family members to apply to the Court of Protection for authority. This can be a

distressing and lengthy process and is far more expensive than making an LPA.

Once all parties have signed the LPA, they must then be registered with the Office of the Public Guardian before they can be used.

Carli Evans of Passmores Solicitors (member of Solicitors for the Elderly and also the Society of Trust and

Estate Practitioners) is actively encouraging all people to plan ahead and make Lasting Powers of Attorney.

People wishing to discuss their requirements should contact Carli Evans to arrange a suitable no obligation appointment on 01446 721000 or by email ce@passmores.com.



PASSMORES

MAKE AN LPA NOW

- Can you afford not to?

Can you imagine a situation where you or a member of your family is no longer able to make decisions? Frightening isn't it?

A Lasting Power of Attorney (LPA) is a legal document, that enables one person to make decisions on behalf of another.

Carli Evans, a member of Solicitors for the Elderly is inviting you to attend a no obligation appointment to find out more.

For more information please call:
Carli Evans on 01446 721000
or by email ce@passmores.com.

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Please visit our Facebook page, [Facebook.com/southwalesstairlifts](https://www.facebook.com/southwalesstairlifts) to read some handwritten letter reviews from our satisfied customers.

Contact us for a free consultation or just for advice on 01446 737799.

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CARERS WEEK 12th-18th June 2017
BUILDING CARER FRIENDLY COMMUNITIES

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RS PODIATRY is a well-established Podiatry and Chiropody practice, based at Highlight Park Medical Practice in Barry.

Rebecca is fully qualified, having gained a BSc (Hons) degree in university and she is a trusted member of The Society of Chiropodists and Podiatrists, and The Health Care Professions Council.

At RS Podiatry, our services are

available to all ages, from children to the elderly – whether for the treatment or diagnosis of a specific foot problem to simple nail cutting.

We specialise in the treatment of nervous patients and can accommodate patients with impaired mobility.

At RS Podiatry, we offer a warm, friendly, professional atmosphere in a clean, clinical environment at affordable prices.

For an appointment, call 01446 734064.

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April Complete Care Solutions can help you

HAVE your personal circumstances recently changed and you find you are no longer able to keep on top of the housework?

Maybe finding personal care is not as easy now as it used to be?

Or you feel that you are not getting out and about enough these days? If so, then we can help!

April Complete Care Solutions have

been authorised providers of care and home help for the local authorities for over 15 years.

We have a cherished team of very friendly and experienced staff who would only be too pleased to help you.

If you would like more information, then either email us at info@aprilcare.co.uk or call 01656 863963 for an informal chat with our very friendly manager, Amelia Jones.



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Advice on buying mobility products from market traders, one-man bands and direct sellers

THERE is a widespread concern in the country at present regarding 'one-man bands', market traders and direct selling companies setting up and then, within months, closing down and leaving their customers high and dry, often with equipment that needs expensive repair work on it.

That's why it is important to check the following golden rules BEFORE that important purchase.

1. Is the company you intend to buy from a member of CEDAB?

You can visit www.cedonline.org.uk to check. This is an organisation that has strict rules to ensure its members conform to high standards backed by both NAEP and BHTA.

2. Does it have more than one engineer (or even one at all)? If not, what happens when they are ill or on holiday?

3. Does it have the track record and back-up to be here in 12 months' time? It's often better to buy from a company that has a proven track record and experienced staff rather than a market trader or a one-man band.

who often is not around in a few months' time when you need that repair or service done.

4. There are many horror stories regarding some direct sellers from the national press who pressure people into buying, often at inflated prices and then not being around for that repair or service or worse still, never delivering the goods.

Make sure that you buy from an established retailer that has local showrooms and experienced engineering support.

5. What is its emergency call out policy? Often stairlift suppliers will claim a 24-hour service; however that sometimes means that they will phone back within 24 hours!

Make sure the company you buy your stairlift from has a 24-hour seven-day-a-week manned helpline.

6. Does it clearly advertise prices? If not, ask yourself why? Sellers will try to sell at highly inflated prices by starting high and offering discounts that still mean the goods are overpriced.

Should you require further help and advice when purchasing a stairlift or any other product, go to www.ableworld.co.uk or pop into your nearest store.

Offering loving care in splendid surroundings

COLLEGE FIELDS Nursing Home in Barry is an impressive building with an elegant Edwardian facade, that has much in common with fine country houses.

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Highlight Osteopath

CARERS play a vital role in the Vale, fulfilling the needs of those who have lost the ability to care for themselves.

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Osteopathy is a form of diagnosis and treatment that looks to find the 'root cause' of a condition, and treat both the symptoms and the cause.

Whether your condition is age-related degeneration, or pain caused by the job, give us a ring or book online, and see if we can help you. Patients consult us with a wide

range of conditions relating to age, pregnancy, office and sports, with pain in the head, neck and shoulders, back, hip and sciatic pain, joint pain in the upper and lower limb.

We have plenty of free parking on the clinic site and in the immediate locality.

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www.highlightosteopaths.co.uk.

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A Cardiff care home is opening its doors to the local community as part of National Care Home Open Day on Friday, June 16.

Tŷ Llandaff, an all-inclusive care home which offers nursing, residential and respite care in Conway Road, Pontcanna, will join thousands of other care homes across the country that are taking part in the UK-wide initiative.

The idea behind National Care Home Open Day is to encourage local people to visit care homes in the community and work together to build long-lasting relationships.

Tŷ Llandaff, a private care home with 70 bedroom suites, opened in January and has the ability to accommodate people for nursing or residential care from the age of 18.

It also offers short-

term respite care for individuals looking for a place to recuperate after surgery or illness.

In April, the care home was named in the top 20 recommended care homes in Wales for 2017 by a leading UK care home website www.carehome.co.uk, and last month BBC weatherman Derek Brockway and TV presenter Rebecca John took part in its official

opening day celebration.

The suggested theme in 2017 for National Care Home Open Day, in its fifth year, is 'friendship' so Janice Evans, manager at Tŷ Llandaff, and her team has arranged a free day of entertainment and refreshments which is open to members of the public. It takes place from 11.30am to 4pm.

Janice said: "We are very excited about

celebrating National Care Home Open Day at Tŷ Llandaff. This day is all about connecting with the local community, developing lasting relationships and encouraging intergenerational support.

"National Care Home Open Day also gives us the opportunity to highlight what Tŷ Llandaff does within the Cardiff community.

"We've got lots of entertainment and refreshments planned and look forward to welcoming friends and family of the home as well as hopefully meeting lots of new faces too."

For more information about Tŷ Llandaff, call Janice on 02920 600100, email info@tyllandaffcare.com or visit www.tyllandaffcare.com.

CARERS WEEK 12th-18th June 2017
BUILDING CARER FRIENDLY COMMUNITIES

Care home opens its doors to the community



CARE HOME OPEN DAY

DISCOVER A HOME FOR ALL AGES
FRIDAY 16TH JUNE - ALL WELCOME



Tŷ LLANDAFF
CARE HOME

FRIDAY 16TH JUNE FROM 11.30AM - 4.00PM

At Tŷ Llandaff we offer 'All Inclusive' Nursing, Residential and Respite care for individuals aged 18 upwards. Whether you're looking for a place to recuperate after surgery, a safe home with some additional help or full nursing care, we provide the highest standards of care in a luxury environment. Pop along on National Care Home Open Day to visit Tŷ Llandaff and enjoy a look around, some entertainment and refreshments on us!

Facilities Include:

En-suite Rooms | Cinema | Library | Fine Dining
Coffee Bar | Gardens | Restaurant | Gym & Salon
Activities | Chauffeur Driven Car & Mini Bus

NURSING, RESIDENTIAL & RESPITE CARE

Find out more about Tŷ Llandaff or book a tour.
Call Janice Evans, Home Manager on **02920 600 100**
or email info@tyllandaffcare.com

Tel. 02920 600 100

Conway Road, Pontcanna, Cardiff CF11 9NT

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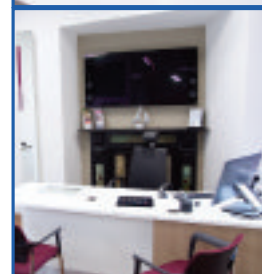


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 Mae British Red Cross (yn Affric) yn gwmni rhynglysoedd drwy'r awyryddiaeth ynghyd â'r Lloegr 0206044000 os ydych chi eiddo gofrestrdyddiaeth 1011886-0 Cymerir Lloegr 0123389104 (yn Affric). Swyddfa'r Lloegr yn Lloegr, Beck Court, Pen-y-bont-y-ddarw, Caerdydd, CF23 8BQ.
 Royal Voluntary Service is a company limited by guarantee registered in England and Wales with company number 2532473. Registered office Beck Court, Cardiff CF23 8BQ. Registered charity number 1011886 (England and Wales) and 10123389104 (Wales).
 The British Red Cross Society, incorporated by Royal Charter 1906, is a charity registered in England and Wales (2209494) and Scotland (SC007736).

CARERS WEEK

12th-18th June 2017

BUILDING CARER FRIENDLY COMMUNITIES

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Carers' Week helps to raise awareness of challenges and hard work

THE 2011 Census tells us there are 15,575 people in the Vale caring for an ill, frail or disabled family member or friend.

These people are 'carers' but they would probably say, 'I'm just being a husband, a wife, a mum, a dad, a son, a daughter, a friend or a good neighbour.'

Carers are people who provide or intend to provide care for an adult or a disabled child, whether or not the person cared for is receiving any social care services. The care they provide is unpaid.

People become carers under many different circumstances. For example, you may be caring for someone born with a disability or who has had an accident that left them disabled; they may have an illness or disease.

Their problems may be physical or mental. They might need help because they are getting older and frail.

Carers' Week is an annual campaign to raise awareness of caring, highlight the challenges carers face and recognise the contribution they make to families and communities. It is backed by eight major charities.

If this sounds like your situation, a local event is taking place in the Vale next week (full

details can also be seen via www.carersweek.org).

The Vale Council is organising this event at the Eastern Promenade, Barry Island to give carers access to information and advice.

Why not come along to meet a range of local organisations who can make all the difference in your situation?

If you can't make it to the carers week event, Dewis Cymru is an online information directory containing services that can support your health, social care and wellbeing locally and across Wales. Information is all in one place and is accessible.

In Cardiff and the Vale, we have over 1,200 services on Dewis, and it is the place to go for wellbeing information. If you are looking for a befriending scheme, support for carers, a luncheon club or a family support service, Dewis Cymru is the place to go.

If you provide a service or activity for people, register your service on the Dewis Cymru website: www.dewis.wales or email C1V@valeofglamorgan.gov.uk.

Don't have access to the internet? Call Contact OneVale on 01446 700111.

D & T Mobility Services – experts in making life easier

ARE you looking for experienced chairlift suppliers in the south Wales area?

At D & T Mobility Services, we want to make it possible for you to move around your home independently.

We install a wide variety of straight and curved stairlifts from leading manufacturers in Cardiff, Merthyr, Newport, Bridgend, Swansea and throughout south Wales.

You can count on us for the supply and installation, as well as ongoing customer care services.

Contact us today to arrange a visit

from one of our stairlift professionals who will consult with you on your requirements.

With over 28 years of experience behind us, we know how to make independent living easier. Your living situation is important to us, which is why we're prepared to go the extra mile to find the perfect stairlift for you and your budget.

Whether you're calling on us for repairs or a new installation, we want to hear from you.

We offer a wide range of new and reconditioned stairlifts so you are sure to find just what you need.

Contact us for a free quote today.



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Vale of Glamorgan Carers' Week Celebration

for family / unpaid carers

Wednesday 14 June 2017 10am - 2pm

EASTERN PROMENADE, BARRY ISLAND

Are you looking after someone?

Need information and advice?

Come along and get the information and support you need in your caring role and enjoy the entertainment and activities on offer.



For further information contact 01446 704851 or visit...

www.valeofglamorgan.gov.uk/carers

Dathlu Wythnos Gofalwyr Bro Morgannwg

ar gyfer teulu / di-dâl gofalwyr

Dydd Mercher 14 Mehefin 2017 10am - 2pm

PROMENÂD Y DWYRAIN, YNYS Y BARRI

Ydych chi'n gofalu am rywun?

Angen gwybodaeth a chyngor?

Dewch i gael y wybodaeth a'r cymorth sydd eu hangen amoch yn eich rôl osblu a mynychwch yr adniant a'r gweithgareddau a fydd ar gynnig.



Am fwy o wybodaeth cysylltwch â 01446 704851 neu ewch i...

www.valeofglamorgan.gov.uk/carers

Penarth RNLI pays warm tribute to Capt Graham Sommerfield

CAPTAIN Graham Sommerfield was a remarkable man whose drive and enthusiasm returned a lifeboat service to Penarth in 1980 after the original service had closed decades earlier.

Capt Sommerfield died on Tuesday, May 23, aged 82.

A spokesman for Penarth Lifeboat Station paid an affectionate tribute to him.

"It was with great sadness that Penarth RNLI crew members past and present heard of the passing of Capt Graham Sommerfield.

"In 1980, Capt Sommerfield, at the time a pilot in the Bristol Channel, was instrumental in bringing an RNLI station back to Penarth after the original one closed in 1905 following a coastal review.

"Recognising the need for the return of a lifeboat in Penarth, Graham, together with a



Captain Graham Sommerfield (centre) with Penarth RNLI crew members in 1987.

number of volunteers, formed a group which had its first meeting in Penarth Yacht Club.

"An informal crew was established, and soon there was a relief lifeboat, a Zodiac D120 boat, accommodated in a local garage, and pushed down to the seafront when there was a shout, which was far from ideal.

"Soon though, the crew needed more space,

and a location was identified in the old deck chair store which is now under the Fig Tree restaurant in Penarth. "With new doors in place, a quickly negotiated peppercorn rent, and a week of intensive training under their belts, this group of near strangers were soon carrying out rescues at sea.

"Graham, now the honorary secretary of the station, quickly grew a competent crew around him, and his great personality meant that soon there was also a whole team of RNLI supporters.

"At that time crew kit was basic, with RNLI supporters providing balaclavas, gloves and socks for the crew members, the remaining kit being caps, oilskins and, of course, welly boots.

"It was Graham's sheer perseverance, good humour and influencing skills that kept momentum for the lifeboat at Penarth to be officially recognised, and it developed into a service provided 24 hours a day, 365 days of the year.

"Some 16 years after the reopening of a lifeboat service in Penarth, the dedication of the new RNLI station took place, where it stands today at the southerly end of the Esplanade.

"There is no doubt that it was Graham's passion for the RNLI and its volunteers that enabled the RNLI station to go from strength to strength, to the facility it is today.

"As a master mariner, Graham brought an extensive skill set with him to the station. His knowledge of sailing, the local area, sea conditions and tidal currents was exemplary.

"More than that however, he was an excellent administrator, a brilliant leader, and proved totally reliable in a crisis. He coupled these skills with an enviable approach to people, he

was a 'true gent' to us all, a thoroughly nice man, kind and genuine, someone who never raised his voice, who commanded respect and gave respect to his crew.

"A natural philanthropist, Graham used his own money to fund items of crew equipment, and he formed lifetime bonds with all of the crew under his command.

"An enthusiasm for fundraising events came thick and fast at the station, with Graham steering many of these events, always the ambassador for the RNLI."

Capt Sommerfield was born on April 11, 1935, and began his seafaring career as an apprentice on board the MV *Katrine*.

He used to tell friends the amusing story of how his mother went to wave him off from Cardiff docks and when he returned two years later she arrived at the quayside but failed to recognise him.

He worked for Bristol Steam Navigation Company as mate/master running between Dublin, Bristol and other European ports.

Wishing to spend more time with his family, he secured a position as captain with British Dredging, working out of Cardiff Docks, and Bowles wharf.

His ship could be seen from the family's Cardiff home as it left the docks and returned.

He eventually obtained the position of 'dock pilot' covering both Cardiff and Barry docks where he earned praise from the captains of ships visiting the two ports.

Capt Sommerfield lived in Lavernock where he had many friends.

Following a stroke his son tried to persuade him to move to Norfolk on several occasions, but he was keen to stay in the area.

He attended the local stroke club where he

once again demonstrated an unselfish devotion to helping other people. He even did a sponsored electric bike ride around Cosmeston Lake to raise money for the stroke club.

After standing down from his role as honorary secretary in June 1993, Capt Sommerfield kept in regular touch with crew members.

Latterly, he lived in St Albans Nursing Home, Cardiff, and crew members would visit him regularly, although towards the end of his life his memory started to fade.

Stories of epic rescues, launch requests, fundraising events and his maritime career were shared with many of the staff at the home.

The lifeboat station spokesman added: "His passing has touched the crew, but he leaves behind a RNLI station which, from his inception, has grown from strength to strength, and is one of Wales' busiest stations, where his values and principles are those shared by the members of the crew."

There were lots of tributes on Facebook to Capt Sommerfield.

Paul Edwards said: "So very upset to hear the sad news of Graham's passing. I have no doubt I and my fellow cohorts have helped to give Graham many of his grey hairs but he never once strayed from being such a very class act."

"I owe him a lot and will be there on the 16th to say thanks."

James Lock commented: "A real gentleman and I am proud to have known him. God rest you Graham."

Capt Sommerfield's funeral is to be held at the Cardiff and Glamorgan Memorial Park and Crematorium on Friday, June 16, at 3pm, afterwards at Wenvoe Country Club.

Enquiries to Lyndsay Ellis, The Vale Funeral Service, 181 Court Road, Barry, CF63 1EX; call 01446 407962.

Brave Sam will be 'sorely missed'

SAM GOULD, who campaigned to raise awareness of bowel cancer, has died at the age of 33.

He leaves his wife Caroline and three young daughters Olivia, Louisa and Pippa. Sam, who attended Stanwell Comprehensive School, died on Monday, June 5.

A UKIP member, he campaigned last year for Brexit, and was the party's 2015 general election candidate in Caerphilly where he came second.

Sam made a video and he set up a page to raise funds and awareness of bowel cancer. People can still donate at: www.justgiving.com/fundraising/sam-gould3.

On it he said: "Thanks for taking the time to visit my JustGiving page. On Monday, April 10, aged just 33, I was diagnosed with advanced (stage 4) bowel cancer."

"This means the cancer has spread to my liver and lymph nodes. The diagnosis was a terrible shock for me and my family, my wife Caroline and our three children, Olivia, aged five, Louisa, aged three and Pippa, aged one."

He went on to say: "I've set up this page to raise awareness of bowel cancer and to raise vital funds for Bowel Cancer UK."

Sam had an operation to remove a tumour and underwent chemotherapy.

Coun Vincent Bailey, former head of communications at Vote Leave Cymru campaign, said: "Sam was a huge character, and a friend whose relentless energy and enthusiasm will be sorely missed. I was proud to have fought alongside him in the Leave campaign, and I will never forget the time we spent together on the campaign trail. My thoughts are with his wife and children at this terribly sad time."

Leader of the Welsh Conservatives, Andrew RT Davies AM, said: "You



Sam (left) pictured with Andrew RT Davies AM.

couldn't help but admire Sam's energy and enthusiasm. He was a campaigner in the truest sense of the word. His passing at just 33 puts plenty into perspective, and he'll be sorely missed by all who knew him at the Assembly.

"It was a pleasure and privilege to join him on the Leave campaign last year, where he played such an important role."

Sam wanted people to be diagnosed early. The symptoms people should look out for are: bleeding from the back passage (rectum) or blood in your poo; a change in your normal bowel habit; a lump that your doctor can feel in your back passage or tummy; a feeling of needing to strain in your back passage (as if you need to poo), even after opening your bowels; losing weight; pain in your abdomen or back passage; tiredness and breathlessness caused by a lower than normal level of red blood cells.

'Give Barry chance to bid for funds' SAYS COUNCILLOR

DYFAN Conservative councillor, Vincent Bailey, has welcomed an imminent statement on the future of the Welsh Government's 'Vibrant & Viable Places Scheme', which he hopes could lead to more funding for Barry.

He said the town had lost its regeneration status after its bid for financial support under the scheme's first tranche was rejected, but the Welsh Government was now set to make a statement on the second tranche.

But Labour AM Jane Hutt told THE GEM that the Welsh Government had supported a number of projects across the town.

Coun Bailey said he wanted Barry to regain its regeneration status and called for the next bids to be reopened to unsuccessful applicants.

the second tranche of this scheme must be an opportunity for the new council to put together a successful bid for vital regeneration money.

"The Cabinet Secretary's statement next week needs to confirm that all parts of Wales will have an opportunity to reapply, and I look forward to clarity so that the town can know where it stands."

Coun Bailey said he hoped the Welsh Government could open up its own funding streams to a town that had traditionally missed out on EU money.

Speaking in the Welsh Assembly on Tuesday this week, Andrew RT Davies AM called on the Welsh Government to confirm that unsuccessful bids would be able to apply again during the second tranche.

Jane Hutt, the Leader of the House, confirmed that a statement on the second phase was imminent.

And she told THE GEM the 'Vibrant & Viable Places Scheme'

had boosted Barry.

"The Welsh Government has supported the regeneration of Barry with multimillion pound grant aid to the Vale Council over the past decade."

"Projects funded by Vibrant & Viable Places Scheme between April 2014 and March 2017 include the Holton Road improvement grants for commercial premises; Main Street grants for environmental improvements; the refurbishment of play areas across the town; funding for Barry YMCA and funding for CAB to tackle fuel poverty."

She added that between 2010 and 2014 there was funding for the Pump House external work, Thomson Street improvements and other projects."

www.glamorgangem.co.uk

Bridge results

RESULTS for the Vale of Glamorgan bridge club for June 5:

1st Phil Felman & Tony Disley 61.81%, 2nd Debbie & Simon Richards 55.09%, 3rd Glenda Roberts & Liam Sheridan 54.40%.

LE

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Craigs Corner fundraising shop helps two local good causes



Louise Dyer (centre) receives a cheque on behalf of Cwtch.



In the picture with Sister Jill Adams of the Sam Davies Ward, Barry Hospital, are Ann McIntyre, Bette Sim and Beryl Morris.

THE VALE OF GLAMORGAN COUNCIL CYNGOR BRO MORGANNWG Planning (Listed Buildings and Conservation Areas) Act, 1990 Town and Country Planning (Development Management Procedure) (Wales) Order 2012

Development that may affect a Conservation Area/ Datblygu a allai effeithio ar Ardal Gadwraeth

Application No./
Rhif y cais: 2017/00513/FUL
Proposal/Cynnig: Proposed cottage relocated to meeting with planning inspectors comments
Location:/Lleoliad: Land adjacent to Pond Villa, Llanmaes
Conservation Area:/
Ardal Gadwraeth: Llanmaes

Affecting setting of a Listed Building/ Cais (au) sy'n effeithio ar leoliad Adeilad Rhestredig

Application No./
Rhif y cais: 2017/00513/FUL
Proposal/Cynnig: Proposed cottage relocated to meeting with planning inspectors comments
Location:/Lleoliad: Land adjacent to Pond Villa, Llanmaes
Listed Building:/
Adeilad Rhestredig: Affecting the Church of St. Cattwg, Grade II*

Application No./
Rhif y cais: 2017/00530/FUL
Proposal/Cynnig: Change of use of former agricultural cowshed outbuildings, (recently approved to have ancillary use to a C3 residential development) to outbuildings with ancillary use to a C2 development - used for residential care of children and adults, with associated physical alterations to the buildings
Location:/Lleoliad: West Aberthaw Barns, West Aberthaw
Listed Building:/
Adeilad Rhestredig: Affecting West Aberthaw Farmhouse, Grade II

Application(s) of General Interest/ Ceisiadau o Ddiddordeb Cyffredinol

Application No./
Rhif y cais: 2017/00476/RES
Proposal/Cynnig: Development of the site known as Dockside Quay for residential development and associated infrastructure works, parking, and landscape (38 units)
Location:/Lleoliad: Dockside Quay, Barry Waterfront.

May affect a Public Right of Way/ Gall effeithio ar Hawl Tramwy Cyhoeddus

Application No./
Rhif y cais: 2017/00530/FUL
Proposal/Cynnig: Change of use of former agricultural cowshed outbuildings, (recently approved to have ancillary use to a C3 residential development) to outbuildings with ancillary use to a C2 development - used for residential care of children and adults, with associated physical alterations to the buildings
Location:/Lleoliad: West Aberthaw Barns, West Aberthaw

Departure from Development Plan/ Gwyrto o'r Cynllun Datblygu

Application No./
Rhif y cais: 2017/00484/FUL
Proposal/Cynnig: New signage on the front, rear and side elevations, new projecting sign, and two new air conditioning condenser units and two extract grilles
Location:/Lleoliad: Unit 1, Ty Verlon Industrial Estate, Barry

Details may be inspected for 21 days at the address given below, or via <http://vagonline.planning-register.co.uk/>

Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy <http://vagonline.planning-register.co.uk/>

Dated / Dyddiedig: 8 June, 2017

V. L. Robinson
Operational Manager,
Regeneration and Planning,
Vale of Glamorgan Council,
Dock Office, Barry. CF63 4RT



BETTE SIM, lead volunteer at Craigs Corner, 254 Holton Road was very pleased to welcome Sister Jill Adams from Sam Davies Ward, Barry Hospital and Louise Dyer from Cwtch, a referral support group for children with special needs.

Sister Adams was presented with a cheque by Bette to purchase a Kurtain chair for patients who are unable to sit in any normal chair.

Louise Dyer was presented with a cheque by Bette to buy scooters, bikes and outdoor toys for the children.

Sister Adams and Louise thanked Bette and her volunteers for the great job they are doing and were both extremely pleased.

Bette commented she was very pleased that Craigs Corner fundraising shop was able to help local people and charities, and thanked all her volunteers for their help.

ANN MCINTYRE

U3A members visit the tallest fountain in Great Britain



Cowbridge U3A members on their recent visit to Stanway House, Gloucestershire.

PERHAPS because it's not a National Trust property, few people appear to have heard of Stanway House, near Toddington in Gloucestershire.

A group from Cowbridge U3A had the opportunity recently to take a pre-season guided tour of this Jacobean manor with its impressive gatehouse, currently owned by the 13th Earl of Wemyss.

Fortified by a coffee stop en-route and then an excellent buffet lunch in a Toddington hostelry, some of the party paid a quick visit to the nearby Gloucestershire Warwickshire Steam Railway station, where the Dimore Manor steam locomotive (saved in 1979 from the Woodham Brothers scrapyard in Barry) could be seen.

From there, it was a short journey on to the manor house for an entertaining and informative tour when the group was told about the history of the building and its owners.

The estate was owned by Tewkesbury Abbey for 800 years, then for 500 years by the Tracy family and their present descendants, the Earls of Wemyss and March.

The next part of the visit was to the nearby restored water mill, with its massive iron water wheel, which produces stone-ground flour from wheat grown on the Stanway estate.

The miller enjoyed his job – it was obvious from his explanation of how

the mill was a testament to the practical ingenuity of our ancestors.

Stanway House is also home to the fountain, which was opened on June 5, 2004. This was operated especially for the U3A party. The single-jet fountain rises to over 300 feet (91m), and is the tallest in Britain, the second tallest in Europe, and the tallest gravity-fed fountain in the world.

A few U3A members climbed the slope for a closer look at the fountain (keeping upwind of the spray) to find that there was a pair of swans with six cygnets in residence on the lake. One of the group had to make a hasty retreat after straying too close to the avian family!

Near to the manor house, there is a medieval tithe barn, built around 1370 for Tewkesbury Abbey. It has a stone roof supported by massive base cruck timbers and is now used for events and as a theatre.

The adjacent church of St Peter is basically 12th century but, unfortunately, was over-restored by the Victorians.

There was even time for tea and cakes at the house before the journey back to Cowbridge.

With its surrounding parkland, wide lawns, wild flower meadows, water features, woodlands and walled garden, Stanway House is as peaceful and beautiful as any in Britain – well worth a visit.

SPM



ABOVE: The origami hedgehogs.

Origami hedgehogs? The Soroptimists can show you how to make one

SOROPTIMIST Tracey Graham from Penarth recently demonstrated how to make a hedgehog by book folding at Golau Caredig, Barry.

Residents and Soroptimists spent a morning chatting and making hedgehogs at the craft exercise.

At the end of the session, hedgehogs were named and then taken away to their new homes. Tracey, who has made

over 30 hedgehogs recently to raise funds for a project in Lesotho, said: "It was a really successful morning with everyone engaged in the activity as well as having an opportunity to socialise".

SI Barry and District has organised a number of talks and demonstrations for residents over the past two years and have forged links with the Hafod Extra Care Facility.

BBC Apprentice winner dispatches her 'ambassadors'

ON May 15, years old.

The future BBC *Apprentice* winner began her career by making cakes in the kitchen of her parents' home in west Wales; Alana was asked to become the cake supplier for the delicatessen she was working in at the time.

Fast forward to the present day, and Alana is no longer confined to her parents' kitchen. In late 2016, she beat off a number of other wannabe entrepreneurs to win the 12th series of *Apprentice*, thereby securing a £250,000 investment from Lord Sugar and a dream opportunity to turn her home-grown business into a nationwide success.

Alana's new website was developed by Sully-based web development company Designer Websites.

Alana's cakes are already available to customers nationwide via the Ridiculously Rich website.

Now, a chain of Ridiculously Rich ambassadors have been appointed across England and Wales, with plans to expand into Scotland as well.

The promotional staff will represent the brand and sell Alana's ray bakes at all sorts of local events, including food festivals, country shows, and farmers' markets.

Alana Spencer started Ridiculously Rich (originally Narna's Cakes) when she was 17

CELEBRATION AT DYFFRYN GARDENS

THE 20th anniversary of the Vale Association of National Trust Members and Volunteers will be marked by a celebration on the terrace of Dyffryn House at 6pm on Wednesday, June 21. Any founder members will be particularly welcome to join in (whether still members or not) for Pimms, on what is hoped will be a sunny summer evening.

Over the years, the Association has raised in excess of £25,000 towards the work of The Trust.

Geraldine Donovan and her team will give an update on current and planned projects, and head gardener, Chris Flynn, will lead a guided walk around the gardens to see the progress being made.

To attend this special after hours event, email your name and contact details to vofgant@gmail.com by Monday, June 19 or write to Westcliff, Llanblethian, Cowbridge CF71 7HZ.



Crops in pots the way to go

PLANTING vegetables in containers is a great way of growing your own food, especially if space is limited.

It means you can have your own supply of edible crops, not only in the garden, but also on your balcony or patio, and pretty much all year round.

There are plenty of excellent reasons for growing vegetables and herbs in pots:

Convenience – everything is easy to get to when you need to pick some spinach or grab some tomatoes, you just step outside to your container garden;

Light – sometimes the only sun you get in a garden is on the patio or balcony so for plants

that thrive in sunny positions, it makes sense to place them where they will grow the best. It also means that if there is a heatwave, you can move them into partial shade for a while;

Soil – you are the master of their soil, which means you can create the best growing environment by using the right compost. A

soil-based compost, such as John Innes No 3, is easy to grow in or compost from grow bags is also a good option. Growing vegetables in good potting mix makes plants grow faster and remain healthier;

Water – it takes less water to keep a few pots watered than to water an allotment or vegetable garden. However, it's really important to make sure your containers don't dry out, so you do need to water on a regular basis, especially if growing in porous pots such as terracotta.

If water restrictions are in place then you can always use grey water from baths or washing up;

Sharing – container gardening can include all the family. Children love growing plants in pots because the soil is good, and success is more than likely.

Pots are easy for them to reach, they can have a pot of their own and although they will need help in the initial planting, they can be

responsible for the care... and harvesting!

The key to successful container growing is picking the right varieties and the right pots. Many vegetables are happy growing in containers – just make sure they are deep enough for the plants to grow in.

Vegetables that grow particularly well in containers include beetroot, broad beans, carrots, herbs, lettuce, peas, potatoes, salad leaves (rocket and chicory), salad onions, spinach and tomatoes.

Choosing a pot that is the right size for your plants will help ensure container gardening success. Smaller containers can result in a lack of moisture and nutrients for plant roots. Aim for pots or troughs with a depth and width of at least 45cm (18in), or else you will have to water and feed more frequently.

**CONTINUED
ON PAGE 28**

Modern Decorations – offering a full service

GEOFF Brown has run Modern Decorations for over 30 years, and in that time he has created most of his business from satisfied customer recommendations.

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Places to visit in the National Gardens Scheme

Gardens open during June to support the National Gardens charity are as follows:
Gardens in Corntown

Y Bwthyn has had over 30 years of hard labour, some guesswork and considerable good luck resulting in a delightful garden.

The area at the front of the house is a mixture of hot colour combinations, while at the rear of this modest sized garden the themes are of a more traditional cottage garden style, which include colour themed borders as well as soft fruit, herbs and vegetables.

Rhos Geler's garden has a lavender hedge at the front and subjects to attract butterflies. The main garden area at the back of the house is a long narrow garden in a series of themed areas.

These include a herbaceous border, shade loving plants, an Elizabethan style knot garden and a Japanese influenced area. Containers hold a range of subjects including a collection of sempervivums.

As well as the garden, visitors to Rhos Geler are invited to view the owner's extensive collections. These include advertising tins, Welsh studio pottery and items connected with the American cowboy.

Sunday, June 11 (11am – 4pm). Combined admission £3.50, children admitted free. Home-made teas. **Corntown Gardens, Corntown, Bridgend, Glamorgan, CF35 5BB.**

Gardens in Llysworney

LLYSWORNEY is a charming small rural village with church, duck pond, children's play area and friendly people.

Five gardens will be open. **Wolf House** has a walled cottage garden on two levels with a variety of perennials and roses. An African summerhouse offers a quiet place to sit and ponder.

Great House is C16 Grade II listed with terraced garden and a variety of trees, shrubs and perennials. **Brocton House** has a pretty terraced garden and large vegetable/fruit garden overlooking farmland with barn and wild flower area.

Sydney House Farm is a wildlife-friendly garden in over half an acre, bordering countryside. The garden is planted to encourage lots of wildlife.

The Chase is a medium size informal garden full of herbaceous perennials, shrubs and roses with all year-round colour.

Refreshments to include musical entertainment. **Sunday, June 11 (2pm – 6pm).** Combined admission £5 children admitted free. Home-made teas at Brocton House. **Llysworney Gardens, Llysworney, Cowbridge, Glamorgan, CF71 7NQ.**

Bordervale Plants

WITHIN mature woodland valley (semi-tamed), with stream and bog garden, extensive mixed borders; mini wildflower meadow, providing diverse wildlife habitats. Children must be supervised.

The nursery specialises in unusual perennials and cottage garden plants.

Awarded Silver Gilt Medal (for category) RHS

Flower Show Cardiff.

Opening for NGS: Tuesday, June 13; Sunday, July 9; Monday, August 28 (11am – 4pm).

Admission £3, children admitted free. **Bordervale Plants, Sandy Lane, Ystradowen, Cowbridge, Glamorgan, CF71 7SX.**

Gardens in the area that are open for charity as part of the National Garden Scheme over the weekend of June 18 are as follows:

Cefn Cribwr Garden Club

CEFN CRIBWR is an old mining village and home to Bedford Park and the Cefn Cribwr Iron Works.

The village hall is at the centre with teas, cakes and plants for sale. The allotments are to be found behind the hall.

Children, art and relaxation are just some of the themes to be found in the gardens besides the flower beds and vegetables. There are also water features, fish ponds, wildlife ponds, summerhouses and hens adding to the diverse mix.

There are themed colour borders, roses, greenhouses, recycling, composting and much more. The chapel grounds are peaceful with a woodland trail meandering off.

There will also be craft stalls, games, raffles and a table top sale in the hall.

Sunday, June 18 (11am – 5pm). Combined admission £4.50, children admitted free. Light refreshments.

Cefn Cribwr Garden Club, Cefn Cribwr, Bridgend, Glamorgan, (CF32 0AP) five miles west of Bridgend on B4281.

Penttyrch Gardens

A GROUP of five gardens offering something to suit all interests.

Maes-y-Gof: Medium sized cottage garden with exuberantly planted herbaceous borders, roses,

clematis, ferns and palms.

9 Heol-y-Pentre: Corner plot with perennial borders and acers. Climbers and small gravel garden.

Sunny Bank: 200-year-old cottage with a wisteria covered veranda, formal terrace and informal garden. Pond with bridge leading to a summerhouse, tries to be as organic as possible.

29 Heol-t-Pentre: Garden in development around newly built house. Herbaceous borders, natural rockery, vegetable and fruit.

1 Field Terrace: A cottage garden being reclaimed from neglect. Newly-planted fruit trees, productive vegetable plot, flowerbeds and seating area.

Sunday, June 18 (10.30am – 5.30pm). Combined admission £5, children admitted free. Home-made teas at Maes-y-Gof.

Penttyrch is two miles north of Cardiff. **M4 J32 – A470 to Merthyr. After ½m exit signed Taffs Well & Radyr. First exit at roundabout onto B4262 signed Radyr, Gwaedod and Penttyrch. Next roundabout right. Follow yellow NGS signs into Penttyrch (CF15 9QD).**

Crops in pots

CONTINUED FROM PAGE 27

You can grow crops in pots all year round, but mainly from April to October. Seeds can be sowed straight into the container soil and at this time of year will start sprouting and growing almost immediately. Just make sure you feed them with a general purpose liquid fertiliser every couple of weeks.

Then all you have to do is wait for that first ripe tomato, pick it and taste it – delicious.

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WHEN IS THE BEST TIME TO REPLACE FASCIAS AND SOFFITS?

Once fitted, PVC-U roofline products such as fascia boards and soffits need no maintenance, giving them a huge advantage over timber.

At Securahome, a costly mistake we see homeowners make is to leave it too late to install PVC fascias and soffits. If you timber roofline is basically in good shape, you can save money by opting for an over cap. This involves fitting a 9mm fascia board on top of the original timbers.

Once the PVC is overlaid the wood, the timbers are shielded from the elements. As the board is only over capped on the front and bottom any damp can still dry out in through the top and back.

However, if you've left a little longer and the timbers are rotten, then the only option is full replacement. This involves removing all of the old fascia boards and soffits and replacing them

with PVC-U ones that are usually 16-25mm thick.

Replacement is also likely to mean taking off the bottom few layers of tiles or slates to fit the boards, as the fascias butt the roof under the eaves.

As you can imagine, replacement is more time consuming and as a consequence, the costs of labour and materials increase. The advantage of a full installation is that it is thorough. The simple act of lifting the tiles, for example, can help uncover rotten batons or roofing felt.

Before carrying out any installation, a Securahome's estimator will carry out a full inspection of existing timbers to assess the best option to offer lasting value for you and your home.

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A FIVE PER CENT DEPOSIT REQUIRED AND NOT ONLY FOR FIRST-TIME BUYERS... Get on the housing ladder – or move in to bigger home

Richard Lawson of Barratt Homes said: "We have seen strong demand for the Help to Buy - Wales scheme at all of our developments in south Wales."



A government initiative is helping hundreds of families in south Wales to get on to the housing ladder or move to a larger home.

New figures released on behalf of the Welsh Government 'Help to Buy' scheme reveal that a total of 4,619 homebuyers in Wales have used the 'Help to Buy - Wales' scheme since it was launched in January 2014 and more than 75 percent of those using the scheme have been first-time buyers.

Local housebuilder Barratt Homes is encouraging homebuyers to take part in the popular scheme to buy a brand new home.

The scheme enables anyone, both first-time buyers and existing owners, to put down five per cent as a deposit for their new home and to take advantage of a government equity loan providing access to more affordable mortgage rates.

Richard Lawson, sales director for Barratt Homes, said: "We have seen strong demand for the 'Help to Buy - Wales' scheme at all of our developments in south Wales."

"Help to Buy - Wales has proved

so helpful to so many homebuyers and we would encourage anyone looking to buy a home with lower upfront costs to get in touch."

Help to Buy - Wales allows any homebuyer to secure a brand new home under the value of £300,000 with a five-per-cent deposit.

The Welsh Government lends the buyer 20 per cent of the value of the property in the form of an interest free equity loan for five years, meaning that buyers then gain access to some of the great mortgage rates currently available with a 75-per-cent mortgage.

Available to all homebuyers, not only first timers, the scheme helps anyone looking for a boost up the property ladder.

Barratt Homes is currently working on new developments throughout south Wales including Copper Quarter in Swansea, Foxglove Meadows in Newport, Tathan's Court in Barry and Penygarn Heights in Pontypool.

For more information call 0844 5710 385 or visit www.barratthomes.co.uk.

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At Securahome we always project manage the approval process and expect local authority planning permission to take at least 10 weeks, with sewer agreements often involving a similar timescale.

All things considered, once you've made the decision to go ahead, it could take three or four months before you can put your feet up and enjoy your new room. However, having invested the time to design, plan and build it properly we think you'll agree that your new conservatory or orangery will be more than worth the wait!

Conservatories and orangeries are probably the most straightforward and quickly constructed of all home extensions, but like any building project they do take time.

Having built and project managed hundreds of conservatories and orangeries, in our experience from initial consultation through to completion is likely to take months rather than weeks.

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Phill and Rhian's Japan adventure is a success



RECENTLY, Barry Kyokushin chief instructor Senpai Phill Sedgmond and assistant instructor Rhian Evans (left) set off to Japan to attend the IFT World tournament and attend the International Mitsumine training camp.

Rhian was selected to compete in the event in the kata division with 40-plus other competitors, and some of the best kata competitors in the world attended this prestigious tournament.

Rhian was the first woman in IKO Welsh history to compete at this level. She took to the mat and performed gekai sho kata to a very high standard in front of five very high ranking officials.

Scores were given and were good, however, Rhian missed out on a spot in the final by a mere 0.5 point.

The tournament was the biggest in the organisation's history with over 1,800 competitors competing in both kata and kumite, Mr Sedgmond commented:

"We are very proud of Rhian for stepping up and performing on the world stage, it's not easy and she showed a great attitude and skill in her abilities."

"As we had never been to this tournament before we didn't know what to expect, so we used this as an experience builder, now we know what it's like, and we know that Rhian's ability is pretty close to what they are looking for, so we have come away with such great knowledge and a training platform to work from."

"We can train Rhian and improve on areas and go back out again and have another go. Rhian is the first female out of Wales to compete in the world stage, but is the very first person out of Barry kyokushin to compete in Japan."

Next up for the instructors was the International Mitsumine camp, where over 250 students attended this camp, conducted by the head of the International Kyokushin Kaikan Organisation Kancho Matsui 8th dan.

It was at this camp that Mr Sedgmond attempted his third dan grading. The grading consisted of two, four-hour sessions covering all aspects of kyokushin, kihon (basics) kata (pattern) and kumite (fighting).

Mr Sedgmond had to complete a 40-man kumite against students from all over the world, and said: "The camp was very inspirational. The mitsumine camp was where the founder of kyokushin spent a great deal of time training in. I was the lowest grade grading which made it all the more nerve-racking."

"I enjoyed all the parts of the grading, it was a very thorough test of my abilities. The kumite test was very difficult, 40 fights were tough with the fatigue of jet lag still affecting me, but I had trained hard for a long time and was ready for this test."

As is normal for kyokushin dan tests, the person grading does not

find out on the day if he or she has been successful. They have to wait sometimes up to and over eight weeks, but, early in May, Mr Sedgmond received news of this grading via email from Shihan Paul Greenway (branch chief of Wales) and he had passed.

Mr Sedgmond was now a sensei, and he commented: "The news came through just as I was about to go to bed, so needless to say I didn't sleep very much that night."

"This is a huge milestone for me, My instructor sensei Richard Males is a third dan, he taught me for years and I always looked up to him, wanting to emulate him and achieve the things he achieved."

"He was such a massive influence on my life and this day I hope to have made him proud by achieving this grade. This grade makes me only the second individual to achieve this grade in the club's 39-year history."

"Words cannot express how happy I am to have achieved this, and that I was the first person in the UK to achieve this grade in Japan, under the heads of our organisation."

"I now have set my sights on my fourth dan, which I will attempt in six years time back out in Japan. The future of our club is a bright one and I hope that by achieving this grade I too will inspire people."

Barry Kyokushin Karate club is the longest running karate club in the Vale and one of the longest-running in Wales.

They train out of Castleland Community Centre, and anyone wanting to know more can go to www.bkcc.co.uk or find them on Facebook.

The club has separate and thriving adult and junior classes and are always happy for people to come along and see what it's all about.

PS

Barry RFC's under-12s receive kind donation



CHRISTIAN PROSSER and his team of volunteers give up every Sunday to coach and mentor the Barry RFC under-12s team.

Rugby balls, a first aid kit and cones were stolen from a car parked outside their coach's house, so Ian Williams very kindly donated rugby balls to the

boys.

Mike Tilke and his team, working for Ian Williams, have been working hard with WHQS in the Colcot area and very kindly asked Sian Thomas to give the balls to the boys.

Ian, Mike and his team are proud that they have donated to such a lovely bunch of lads.

ST

Stephen in trophy chase

CONTINUED FROM PAGE 44

After 10 months play, at the end of April Stephen had dropped to second place in the table with an increase in his rating of 218 points.

This placed him only three points behind North Cardiff Junior Ellison Smith, whose rating had risen to 1357.

There was still time for Stephen to recapture the lead as during May he had two league games, one Premier League game and six games in the Cotswold Open in Gloucester.

Unfortunately, his results took a pounding and he could only manage a draw and a win against John Cox in the final round of the Open competition.

His rating took a big hit and he now finds himself almost 70 points behind Ellison.

There is still time to recover as Ellison hasn't played since April and there are still a couple of weeks to go before the competition closes.

However it is unlikely that he can recover enough points in this short time.

Sam Jukes also took part in the

Cotswold Open and in the Frome Open.

He fared much better in these competitions losing only one game in each event also winning four games and drawing a further five.

His rating has improved by 121 points and he is currently in 10th place out of the 273 eligible players.

Congratulations, if not any trophies, go to both of our players for such a valiant effort.

The Barry Chess Club meets at 7.30pm each Monday at the West End Club, St. Nicholas Road, Barry CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at <http://barrychessclub.yolasite.com>.

PHIL JONES

Dinas Powys Golf Club ladies section - MAY RESULTS

ON May 1 we held a mixed 18 hole combined stableford:

1st Dominic Jones/Maxine Hird 73pts, 2nd Alan Humphries/Ann Mahenthiralingam 70pts on back nine from 3rd Ian Ryley/Lisa Ryley 70pts on back 9 from Roger Davies/Sian Smith 70pts.

On May 2, an 18 hole Stableford: 1st Sian Smith 38pts on back nine from Ann Mahenthiralingam 38pts on back nine from 3rd Lisa Ryley 38pts.

On May 2, a nine hole Stableford: 1st Sharon Jesson 16pts, 2nd Pam Warne.

On May 9, an 18 hole Medal 2: 1st Sian Smith 91-21=70 on back nine from 2nd Ruth Yates 95-25=70, 3rd Dorothy

Amery 97-26=71.

On May 9, a nine hole Stableford: 1st Pam Warne 17pts, 2nd Sharon Jesson, 3rd Angela Thomas.

On May 23, an 18 hole Stableford: 1st Ann Mahenthiralingam 38pts, 2nd Carolyn Jones 36pts, 3rd Sian Smith 33pts on back 9 from Ruth Yates 33pts.

On May 30, an 18 hole Medal 4: 1st Ann Mahenthiralingam 82-12=70, 2nd Lisa Ryley 87-15=72, 3rd Sian Smith 93-20=73.

On May 29, the Kim Hall competition was played with two men and a lady in an 18 hole

Stableford format: 1st Esh & Ann Mahenthiralingam & Quentin Bryars with 102pts, on back nine from 2nd Steve & Ruth Yates & Nick Osborne, 3rd Roger Davies, Alan Humphries & Sian Smith 100pts.

On May 14 at the Wenvoe mixed open the visiting winners were from Dinas Powis Golf Club: 1st Sian Smith & Luke Davidson 40pts, 2nd Steve & Ruth Yates 38pts.

Congratulations to all our winners.

RY

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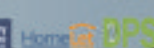
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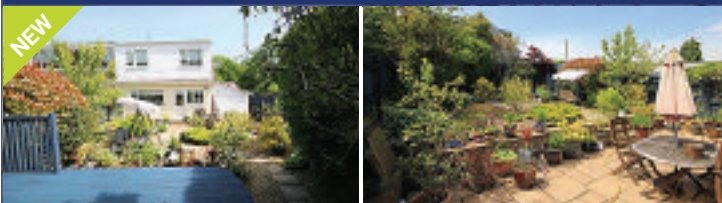
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Expressions of interest will be accepted from:

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No children allowed due to planning restrictions

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H4U reference 146957

- Two-bedroom flat
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REDLANDS AVENUE, PENARTH

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- Warden



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ST LUKES AVENUE, PENARTH

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WINDSOR CLOSE, LLANTWIT MAJOR

H4U reference 236805

- Three-bedroom house



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We are proposing some changes to the Homes4U scheme, which is the way we allocate social housing in the Vale of Glamorgan, and we want your views on these changes. Please visit our website www.valeofglamorgan.gov.uk for details on how you can leave your comments.

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Family Notices

THOMAS

Brynley David 'Bryn'

Passed away peacefully at Glanffrdw Nursing Home, Pencoed, on Thursday, 1st June 2017, surrounded by his loving family. Father to Paul and Suzanne, father-in-law to Anne and Andy and grandfather.

He will be sadly missed by all of his family and friends.

Funeral service to be held on Friday, 16th June 2017 in St Michael's Church, Llanmihangel, Cowbridge at 1pm, followed by a committal service at Coychurch Crematorium, Bridgend

Family flowers only please, however donations can be made directly to British Heart Foundation, Lyndon Place, 2096 Coventry Road, Sheldon, B26 3YU in memory of Bryn.

All further enquiries to Rosemount Funeral Home, Co-op Funeralcare, 19 Coychurch Road, Bridgend, CF31 3AP. Tel: 01656 653156

PITT

Enid Maud

Peacefully on 29 May at College Fields Nursing Home, Barry, Enid Maud, aged 93 years, previously of Aneurin Road, Barry. Beloved wife of the late Douglas Charles. Dearly loved mother of Kerry, Philip and mother-in-law of Colin and Glynis. Cherished grandmother of Delyth, Gareth, Marie and Katherine. Great grandmother of Liam, Jack, Euan, Chloe, Madison, Isaac, Elizabeth and great great grandmother of Logan.

Enid will be sadly missed by all of her family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until the funeral on Monday, 12 June. Funeral service in the chapel at 12 noon, followed by cremation at Cardiff & Glamorgan Crematorium, Port East, Barry. Family flowers only, if desired, donations may be handed to the funeral director after the funeral for Motor Neuron Disease.

STUART-TORRIE

Robert Louis (Bob)

Suddenly on 20 May 2017 at the Princess of Wales Hospital, in the presence of his loving family, aged 72. Bob, beloved husband of Carole, much loved dad of Lesley, Leigh and Ruth, dear father-in-law to David and Richard, adored 'Bobby' of all his grandchildren, treasured brother of the late 'Bonga'.

His special humour will be missed by all his family and his many friends.

Resting at James Summers & Son, Lavernock Road, Penarth, CF64 5UP until the funeral service at The Paget Rooms, Victoria Road, Penarth on Friday, 16 June at 11am, followed by burial at Penarth Cemetery.

Please wear bright colours in memory of Bob. Family flowers only please. Donations in lieu, if desired, to Greyhound Welfare, 58b Risca Road, Newport, NP10 9FZ.

Acknowledgement

JENKINS

Nancy

Pat, Chris, Helen and Hannah would like to thank everyone who attended Nancy's funeral service and the celebration of her 101 years, you all gave her a wonderful send-off.

Our heartfelt thanks to you all for your kind support and messages of sympathy. A special thanks to the Rev'd Suzanne Brumwell who gave a very moving and thoughtful service which we very much appreciated.

In Memory

THOMAS

Annette

Passed away 12 June 1987.

Aged 40.

Beloved wife of Graham, mother of Ceri, Glyn and Debra.

Always be loved, always be missed 'Bless her'

PALLIS

Joan Audrey

Peacefully on May 25, at Princess of Wales Hospital Bridgend, Joan, aged 92 years, formerly of Rhose. Beloved wife of the late Michael and dear cousin of Cliff.

Resting at the Private Funeral Home of W. James & Sons, Fommon. Funeral Monday, June 12, service 10.30am at Barry Cemetery Chapel, followed by interment in the cemetery. No flowers by request, donations in lieu, if desired, to Alzheimer's U.K. c/o J James, 11 Fommon Road, Rhose, Vale of Glamorgan CF62 3DZ.

MORRIS

Ieuan Wilfred

Peacefully on Sunday, 4 June with his family, Ieuan, loving husband of Siân, much loved father to Paul, Siôn, Luc, Megan and Catrin. Grandpa to Henri.

He will be sadly missed by all family and friends.

Funeral service at Coychurch Crematorium on Friday, 16 June at 11am. No flowers by request, donations in lieu of flowers to Velindre Fundraising, Velindre Cancer Centre, Velindre Road, Whitechurch, Cardiff, CF14 2TL.

BELL

Evelyn Rosalind

Suddenly on May 28th at home, Evelyn, a former nurse within Cardiff & The Vale, beloved wife to Godfrey (Geoff). Much loved mum of Mark and Lesley, special mother-in-law of Wendy and Joe. A cherished nanny Evelyn of Evan, Peta, Megan, Perry and Oliver.

She will be greatly missed by all who knew and loved her.

Evelyn is in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until her service at Cardiff & Glamorgan Crematorium, Barry on Thursday, June 15th at 12 noon.

Family floral tributes only please. Donations if desired may be made at the service or via Evelyn's online tribute page at www.valefuneralservice.co.uk where you are also welcome to leave your personal messages and memories. All donations received to support the British Heart Foundation.

Geoff requests that colourful clothing be worn to reflect on Evelyn's personality.

DAVIES

Graham John

Passed away peacefully on May 30th at the age of 78 after a long illness bravely borne. Devoted husband of the late Mary and much loved father of Robert, Cathryn and Richard.

Funeral service at Coychurch Crematorium on Thursday, 15th June at 2.15pm.

Donations in lieu of flowers, if desired, to The Alzheimer's Society, 16 Columbus Walk, Brigantia Place, Cardiff, CF10 4BY.

BACON

John

Peacefully on 29th May in Springbank Nursing home, John, aged 88 years of Barry. Beloved husband of Mary, father of Elaine, Sandra and Philip. Grandfather of Daniel, Sian, Romi, Mathew, Carys and the late Mark.

He will be greatly missed by his family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until the service in the funeral home chapel on Wednesday, 14th June at 1pm, afterwards to the Barry Crematorium. Family flowers only please, donations if wished for Dementia UK may be forwarded to the funeral home.

BARRETT

Sue

On June 2, after a long and incredibly brave and determined battle, Sue, dear wife of Steve. Loving mum to Catherine and Richard and devoted grandma to Max and Lenka.

Resting at the Private Funeral Home of W James & Sons, Fommon, until a service to celebrate her life at Coychurch Crematorium, Bridgend on Thursday, June 15 at 2.45pm. Family flowers only, donations in lieu, if desired, to Velindre Hospital will be very much appreciated, c/o J James, 11 Fommon Road, Rhose, Vale of Glamorgan, CF62 3DZ.

SOMMERFIELD

William (Graham)

Peacefully on Tuesday, 23rd May 2017 in the comfort and care of St Albans Nursing Home, Cardiff. Captain William 'Graham' Sommerfield, aged 82 years, passed away.

Graham will be sadly missed by all his family and friends.

Resting at The Vale Funeral Service, 181 Court Road, Barry until a celebration of his life on Friday, 16th June 2017 at Cardiff and Glamorgan Crematorium at 3pm. Family flowers only, donations in lieu may be given at the service for the RNLI. Enquiries to Lyndsay Ellis on 01446 407962.

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Cup win delight for Barry Town United Pan Disability team



ON June 1, the Pan Disability team from Barry Town United took part in the final of the Cwpan Y Bobl cup competition.

They were facing Llandudno STC from north Wales. The competition was part of the Welsh Football Trust and Champions League festival at Cardiff Bay and it gave the team the opportunity to play on the floating pitch in front of pier head building.

The setting looked fantastic and both teams gave a good account of themselves. Llandudno took the first goal but it was not long before Barry came back with a goal of their own to equal this up.

Barry then took the lead but were

quickly pegged back by Llandudno who then went on to score again before half-time to make it 3-1.

The second half started off very quick for Barry with the team having most of the game and gaining another goal.

Llandudno managed to get a goal on the break to make it 4-2, but the Barry players kept fighting and a stunning volley by Tom Wise of Barry made it 4-3.

Barry kept up the pressure and the fourth goal came and also hat-trick for Joe Hewings.

With only minutes to go one of the Barry defenders went forward and received a ball from midfield; he managed to turn the defender and put a low shot into the

Llandudno goal.

This was to be the final score as the whistle went minutes later, with Llandudno applying pressure, the final whistle was blown and Barry Town United emerged 5-4 winners.

All the Barry players and coaches were overjoyed with the outcome and celebrated in lifting the cup which was presented to them by Miazan Rahman from the Welsh Football Trust.

The coaches and players would like to thank Llandudno for making it a fantastic game, but also all the Barry Town supporters who turned up to cheer them on.

NL

Town council becomes 'living wage employer'

BARRY Town Council will become an accredited living wage employer after a Plaid Cymru motion was passed in the full council on May 31.

As an accredited living wage employer, the council will pay all staff a minimum of £8.45 per hour, in line with the real living wage, a sum calculated by academics at Loughborough University as the minimum rate required to have a 'decent lifestyle'.

It was the first ordinary meeting of the town council since Labour lost its majority on the council. Seven of Labour's 10 councillors abstained, and the motion was passed 15 - 0.

Plaid councillor Ian Johnson, who moved the motion, said he believed the payment of staff was a moral issue.

"I am pleased that Barry Town Council have voted to become an accredited living wage employer. This is a moral issue as much as anything else.

"How can a local council, funded by the people it serves, pay its staff less than they need to live on?

"I had hoped that all councillors would support this motion, so I am disappointed that seven Labour councillors abstained. At least they didn't vote against this, as they have in the past."

Conservative councillor Vincent Bailey said he was pleased cross-party action would benefit the staff.

He said: "Having long been a supporter of the Living Wage Foundation and its work I was extremely pleased to have an opportunity to help make Barry Town Council a living wage employer."

"Conservatives in government have already increased personal tax allowances and taken thousands of the poorest workers in Wales out of paying tax altogether."

"But taking this cross-party action in Barry sets a clear example to all employers to value and invest in their staff."

"A living wage affords people the opportunity to provide for themselves and their families. It's good for families, and good for society."

Another Plaid Cymru councillor, Mark Hooper, a business owner and chair of the town's 'shop local' committee, added: "As a

business owner myself, I see the effect of low wages on families and their ability to spend money in local shops. As a council, we should be setting an example for other businesses in the town."

"We know that half of people in poverty are actually in work and that is also true of many people who go to foodbanks."

"All businesses should be paying enough money for their staff to be able to live a decent life."

Prior to the vote, Barry Town Council Leader Coun Bronwen Brooks said: "As leader of the Labour Group I am aware that Barry Town Council already pays above the National Living Wage of £7.50 an hour and furthermore wrote to the national negotiators, AMs and MPs in 2016 detailing concerns about some councils adopting the Living Wage Scheme, but only temporarily."

Kayak anglers' competition in Porthcawl

SOUTH Wales Kayak Anglers will be holding their summer inter-club competition on June 17, open to both members and non members.

It is a catch and release competition, targeting Smooth Hounds and Rays and will be held at Newton beach, Porthcawl (weather dependent). The cost of entry is £10 per person.

The day will start with a safety briefing at 9am, competitors on the water at 9.30am until 3.30pm and all competitors must register their catches by 4pm.

Please note all relevant safety equipment must worn when on the water and all catches must be measured and photographed.

The aim of the

competition is to raise funds for the club to purchase a much-needed upgraded marquee for future events organised by South Wales Kayak Anglers, such as the annual European Championships to be held at Oxwich Bay, Swansea on July 22, where 200 kayakers - a mixture of amateur and professional anglers - will take to the water, hoping to win one of the many prizes on offer, the top prize being a new kayak.

Anyone interested in finding out more information about the sport or South Wales Kayak Anglers is more than welcome to attend the competition or visit www.swka.org.uk.

Open day to be held at Bridgend Samaritans

SAMARITANS in Bridgend are holding an open day on Saturday, June 17, 11am to 1pm.

A spokesman said: "The branch, which is at 2, Green Street, Bridgend, CF31 1HF, has recently been refurbished, and we are keen to show it off to anyone considering volunteering with Samaritans."

"We continue to be a very busy

branch, as there is great demand for Samaritans' services nationwide, and locally.

"Our volunteers will be delighted to talk to anyone interested about what is involved in being a Samaritan."

"Many volunteers at the branch have been members for over 10 years, and they feel that it offers a fulfilling and worthwhile way of contributing to society."

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Cottrell ladies enjoy away day to St Pierre



ON Tuesday, May 23, the ladies of Cottrell Park met in wet, misty car park for the start of the ladies' captains away day to St Pierre.

During the day, the weather changed and we played in glorious sunshine. After a most enjoyable meal, the ladies captain, Jeanette Williams, and competition secretary, Maggie Thomas, presented the prizes.

The away day trophy, Miss Button, is for the best individual score and

was won by Vicki Long with 36 points.

There was also a team game with two out of three to count on the front nine, and three out of four to count on the back nine.

The winning team, with a score of 91, was Nan Thomas, Chris Evans, Maureen Bowen and Marian Hale.

The prize winners for nearest to the pin were Maggie Thomas, Carol Duncanson and Jan Cosby.

After a good away day, we returned to Cottrell Park tired, but happy.

SC



Nathaniel Cars celebrate after receiving top award

NATHANIEL Cars, a leading MG dealership based in south Wales, is celebrating after taking home the Four Star Award for Excellence at the SAIC Motor Global MG Dealer Awards.

The ceremony, which took place at the Shanghai International Motor Show in April, recognises outstanding performance from across the manufacturer's global dealer network.

Commended for "outstanding passion, commitment to the brand and dedication to delivering customer service excellence", Nathaniel Cars was the only UK dealer to receive an award.

The silverware adds to a growing list of accolades for the Bridgend-based business, which include being named MG UK Dealer of The Year 2016 and featuring within the top 5 per cent of all British dealerships in the Auto Express Driver Power Best Car Dealers report 2017.

Nathan Griffiths, sales and operations manager commented: "Providing outstanding service and delighting customers are two of our key priorities. To be awarded – not just on a national level, but across the world – for our continued successes and performance is a significant accolade and one that the entire team is humbled to have

received.

"With a growing range of stylish, family-friendly vehicles that offer fun, functionality and practical performance at a highly affordable price point, MG continues to drive forward as one of the fastest-growing automotive manufacturers. We're proud to be part of such an exciting global network and see huge potential for future growth."

Matthew Cheyne, head of sales and marketing at MG Motor UK, added: "As a top performer in the MG dealer network, Nathaniel Cars is renowned for delivering outstanding service for motorists. We'd like to offer our congratulations to Nathan and the team for taking home the Four Star Award – a true reflection of the team's drive, determination, commitment and outstanding performance."

Based in Bridgend, Nathaniel Cars is one of the UK's leading MG dealerships. Retailing both the stylish MG3 Supermini (available from £8,695) and family-friendly SUV, the MG GS (starting at £15,095), motorists are promised a warm welcome, in-depth product knowledge and affordable prices.

For more information about the latest MG range, visit www.nathanielcars.co.uk/new-cars/mg.



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BARRY CENTRAL SLIP TO TWO DEFEATS

THE last day of May saw Millwood Bowling Club as the visitors to Gladstone Gardens for the Munro Cup match against the Central Bowling Club.

On a heavy, well-watered green, both teams found bowling to be a trial of strength.

Millwood, with a number of first team players in its ranks, proved too strong for the Central team. The match ended with the Millwood team as worthy winners.

Rink scores (Central names first):
A.Goddard 13 - B.Howercroft
15/G.Goldthorpe 18 - B.Crockfords
21/D.Goddard 11 - P.Taylor
17/T.Kaged 8 - K.Davies 21. Central

50, Millwood 74.

On Saturday, June 3, the Central team travelled to Penygraig for its first CML match.

Against an extremely strong team, on its home green, Central rinks spent a fruitless afternoon. Penygraig would give the strongest teams in the Vale, a run for their money.

Central players gave of their best, and can gain some comfort in attaining an improved performance on last year.

Rink scores (Penygraig names first): M.Holland 39 - D.Goddard
11/G.Gilden 32 - T.White
11/S.Williams 19 - J.Bergland
7/C.Jones 27 - A.Goddard 14.
Penygraig 117, Central 49.

BC

Belle Vue Bowling Club news

PENARTH Belle Vue went to Cadoxton Bowling Club on May 31 and they lost 53 points to 62.

Cadoxton had 11 points, Belle Vue 3 points, one win, one draw and two rinks.

Rink one: Lead was Frank Keen (captain), No. 2 Dave Smith, No. 3 John Allen and skip Dave Miller, losing 13-22.

Rink two won 16-14, another good win for them. Lead was Dave Bradley, No. 2 Richard Brant, No. 3 Alun Thomas and skip Trevor Ford.

Rink three went down 11-13 in a very close game. Lead was Len Fowler, No.2 Dave Rappitt, No.3 Paul Paterson, skip was Colin Scammell.

Rink four got a well earned draw 13-13. Lead was John Whitfield, No. 2 Paul Booth, No. 3 Malcolm Thomas and skip was Barrie Bagwell.

Thanks go to Cadoxton, who played in good spirits.

FK

Good start to season for Rhoose ladies

THE ladies section of Rhoose Bowls Club have had a very successful beginning to their season.

The first match found them at Sophia Gardens with results as follows.

Rink 1 - S. Dance, J. Green, B. Langford and skip P. Jupp, Rhoose 13 shots, Sophia Gardens, 17 shots.

Rink 2 - M. Dutton, S. Slee, K. Bladen, and skip D. Gardner, Rhoose 15 shots, Sophia Gardens 29.

This was the first game for Rhoose ladies on grass - the result was rather expected as they play on their synthetic surface at home.

However this was to be the only loss for the month. The following week the ladies played Rhiwbina at home with a much better result.

Rink 1 - S. Dance, R. Oxley Green, K. Bladen and skip R. Craig, Rhoose 30 Rhiwbina 6.

Rink 2 - Mo Dutton, B. Langford, D. Gardner and skip A. Shears, Rhoose 15, Rhiwbina 18, giving Rhoose an overall win.

Once again the ladies were away to Llanbadrach, and despite being on grass a good win was achieved.

Rink 1 - S. Dance, S. Slee, K. Mortimer Brown, and skip D. Gardner, Rhoose 22, Llanbadrach 14.

Rink 2 - J. Green, J. Holland, K. Bladen and skip P. Jupp, Rhoose 12, Llanbadrach 19. An overall win for Rhoose by one shot.

The month ended once again at home this time to Pontyclun.

Rink 1 - S. Slee, B. Langford, A. Shears and skip R. Craig, Rhoose 29, Pontyclun 4.

Rink 2 - S. Dance, M. Thomas, P. Jupp, and skip D. Gardner, Rhoose 17, Pontyclun 12.

We look forward to continued success, well done ladies.

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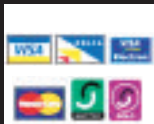
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Porthkerry Panthers show off league trophy!



PICTURED are the Porthkerry Panthers proudly displaying the Vale of Glamorgan year 8 league winners trophy.

Back row, left to right: Mason Lewis, Rhydian Walpole, Adem Tor, The Mowat, Seb Kenefik, Kai Ludvigsen, Sam Douglas, Josh Everitt. Front -

Petros Grigoriou, James Lee, Reuben Hopkins, Oliver Bradley, Jay Peacock.

Many thanks to all the boys and their families for their continued commitment and to the sponsors Rim Motors of Barry.

A successful season was thoroughly enjoyed!

AB

Romilly Bowls Club teams have mixed start to season

ROMILLY Bowls Club, A and midweek sides have had mixed start to the new outdoor bowls season.

The club team have qualified for the Carruthers Shield despite losing one of their group games, while the A team, winners of the SVLA Cup during previous seasons, have won two games but had a further two cancelled due to clubs not being able to field teams.

The midweek Munro Cup team lost their first game but have won their next two.

The league season commenced last Saturday with the club side playing at home against last season's league champions Caerphilly Town, with the A side making their debut in Division 3 visiting Bargoed.

ROMILLY v CAERPHILLY
Romilly welcomed last seasons Champions to Romilly Park last Saturday for the opening league game of the season feeling apprehensive due to their mediocre start to the season.

The game began with Romilly after five ends holding a five shot lead, with the rink of A Bryan, G Eastment, C Collins and skip Jeff Wright gaining the early initiative against the opposing rink skipped by Ian Henderson.

Similarly the Romilly rink skipped by Mel Newman with Kelynn Mills, Terry Bloomfield and Roger Jones took a six shot lead against a strong Caerphilly rink skipped by Martin Selway.

The other Romilly rinks skipped by Fred Phillips and Graham Cogbill were sharing the spoils with their opponents.

As the game progressed Romilly managed to maintain their lead mainly due to Wright's rink playing well, holding an eight shot lead leaving the overall score 39-32 in favour of Romilly.

Caerphilly as expected were fighting hard and by the end of the 15th had reduced their deficit to five. Wright and Newman's rink were still playing well and the rink of Phil Gershenson, Gwynne Rees, Andrew Hatcher and skip Fred Phillips had moved

ahead by four shots. Unfortunately Cogbill's rink had lost ground on their opponents and were adrift by nine shots.

The last six ends were tense with the scores changing in Caerphilly's favour as they clawed their way back and were just two shots behind going into the final end.

Romilly were under intense pressure and dropped six shots on the final ends to lose by four shots, overall score 78-82.

ROMILLY A v BARGOED
Romilly A side visited Bargoed last Saturday playing in Division 3 for the first time having gained promotion last season.

This season was going to be difficult as the standard is higher but for various reasons a number of players have moved on so the club had to blood new players; although with potential, the lack of experience at this level they have means that they were expected to struggle.

This first game would give an idea of how the rest of the season would pan out and although losing this game there was enough shown to

encourage the club selectors.

The rinks of Stuart Simpson, Arthur Champ, Jerry Daly and skip Alfie Woolcock, along with Paul James, Brian Parker, Denis Mottram along with debutant skip Paul Swannick, won their games by 23-14 and 19-16 respectively.

Skip Brian Cheal with Phil Edwards, Barrie Griffiths and Paul Clarke were very unlucky; after leading right up to the 20th end they dropped a three on the last end to lose 18-19.

The rink skipped by Jeff Coles had a torrid afternoon losing 5-44, without this result the overall score could have been different thus giving some encouragement to the club.

The overall score was a 28 shot victory for Bargoed, 65-93.

ROMILLY v BARRY ATHLETIC - MUNRO CUP

On Wednesday, May 31, the Romilly midweek team entertained neighbours Barry Athletic at the Park for a Munro Cup match.

Having lost their first game Romilly had won their next two games and were keen to continue their good form against an Athletic side always capable of springing a surprise.

Romilly were in no mood to take any chances from the off and by the fifth end had raced into a 24 shot lead. Between ends six and 10 Romilly continued their good form going further ahead by 38 shots.

There was little change leading up to the 15th end with the Athletic still 38 shots adrift. With three ends left to play Romilly took a further six shots for a comfortable 44 shot victory, 87-43. **FP**

ME

Ladies dressed to a T at Brynhill Golf Club



Sports day for Ysgol Y Deri primary pupils



MORE THAN 100 pupils turned out at the Penarth Learning Centre for Ysgol Y Deri's Primary School sports day recently, with several Vale primary schools represented in the event.

Pupils from Ysgol Y Deri, Jenner Park Primary and Creigau Primary School took part

in 60-metre sprints, wheelchair races, various throwing events, and the long jump.

Each event was also supported by older pupils from Ysgol Y Deri, who have recently worked with the Vale Council to complete the Active Young People Sports Organisers Award [see *The GEM*, May 18], which taught them skills to help with organising and supporting sporting activities.

Barry & District Male Skittles League tables

Division 1 points

Merrymen - 37, 49'ers - 36, Bunker Boys - 36, Blue Monkey - 30, Willie Winkies - 30, Sea View - 29, Ex-Servicemen - 28, Cannon Balls - 26, Posties - 26, BP Breakaways - 20, Barry Park 'B' - 19, Geest - 17, Hairy Lemons - 16, Mighty D - 14.

Division 2 points

Billy Whizz - 34, British Rail - 34, Colcot Boys - 28, Alternatives - 26, Cavaliers - 27, Tynwydd L - 27, Tynny Fliers - 26, Park lads - 24, Castle Boys - 22, Witchill Poachers - 21, Park Rangers - 21, Abercrete - 14, Royalists - 8.

Division 3 points

KP Rejects - 35, 'H' Bells - 34, Cocoa Nuts - 34, Witchill M - 25, CUD - 23, Billy B/B - 22, Exiles - 22, Billy Big B - 12.

Top score away 40 D Woodham, Castle Boys. Top score home 40 D Adams, Witchill Poachers.



ON Thursday evening, Samantha B treated the ladies of Brynhill Golf Club to a fabulous fashion show.

Compere for the evening, Samantha B, created a great atmosphere and displayed a beautiful array of latest trends and colours to delight lady members and friends.

Six lady golfers modelled clothes from Brandtex, Olson, Adini, Bianca and many other

labels stocked by Samantha B, including beautiful accessories for all occasions.

The evening concluded with 'guess the price of an outfit' which was modelled by Sue, who helped the models dress backstage.

Julie Harkin guessed the correct price and won a voucher to spend at the boutique.

Ladies captain Olwyn Thomas thanked Samantha, Sue and our models for a wonderful evening.

ET

Athletic fall foul of dubious decisions

ON Saturday Barry Athletic first XI entertained Cardiff Gymkhana on The Island, lost the toss and fielded first on a lovely sunny day.

Gymkhana lost their first wicket with the score on 3 when Saqib was caught Reji of the bowling of Bruce, but Talha hit his way to 86 and along with Tehmoor (70), Gymkhana reached 273 all out with James Haswell (4 for 60) and Shae Ellis (3 for 31) being the main wicket takers.

In reply, Barry were soon reduced to 50 for 4 after 15 overs; this

brought captain Nathan Baker and Lee Morgan together and they added 89 in 18 overs until Morgan was given out to a dubious lbw decision.

On the very next ball there was another questionable call as Lloyd Bruce was also given out lbw.

Reji joined Baker and they added 35 before Baker was out for a fine 81 and the Barry inning finished on 200 all out.

This week Barry Athletic first XI travel to Radyr with the second XI at home to Radyr.

ME

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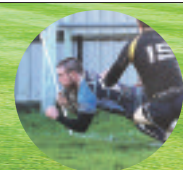
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Lions tour starts with a whimper... and win for the Blues bloodies their nose

SPORT loves nothing better than a good build-up. Countless column inches and TV time are given over to the anticipation of big sporting events, and the British & Irish Lions tour is most certainly one of those.

Yet ironically, while the tour itself, and the squad selection, has been built-up and debated since the naming of Warren Gatland as head coach last September, on the field the Lions have been distinctly lacking in build-up.

With the domestic season only wrapping up a week last Saturday, and the squad only flying into New Zealand three days before their opening fixture, the chances of Gatland's squad being both jet-lagged and under-cooked on the field was a likely prospect.

The Lions' first taste of action came on Saturday as they faced Provincial Barbarians in rainswept Whangarei.

The mixture of jet-lag and lack of game time, coupled with a home side who were keen to play in the Barbarian

style, resulted in a disjointed and rather un-engaging encounter, albeit one the Lions would have been more than happy to have edged out 13-7, Anthony Watson grabbing the try that, coupled with Owen Farrell's conversion and penalties from Jonathan Sexton and Greig Laidlaw, saw them begin the tour with a win.

The Lions never truly settled and even Watson's try wasn't enough to calm their edginess, with the Barbarians looking the more likely to snatch a win at the end.

A tough opening encounter then, and one that, while not negotiated with the ease that some were expecting and hoping for, will at the very least have worn some of the rust off with bigger tests ahead.

While the team performance was poor, there were some shining examples individually – Kyle Sinckler was superb in the tight and the loose, Taulupe Faleatau put in a shift that will have slightly eased the concerns following Billy Vunipola's withdrawal through injury, while Ben Te'o looked purposeful

by GARETH JAMIESON

in the centre.

Also heartening (although not without the caveat that they were coming into the game late on) were the changes made by Gatland as the game was in the balance. Farrell looked assured at outside-half, replacing the off-colour Sexton. Rhys Webb more threatening than Laidlaw, while the rest of the replacements bench gave the Lions a slightly surer footing once they were on the pitch.

Come Wednesday it was all change, as Ken Owens led a completely-changed outfit for the far tougher proposition of the Blues.

With eight All Blacks lining up against them, this was going to be a huge test for a group of players getting their first taste of Lions action on this tour.

The start wasn't auspicious, as the Blues settled the quicker and took the lead through an unconverted try from the hugely impressive Ioane, but the Lions

were quick to force their way back into the game.

With the set-piece and the lineup working superbly, CJ Stander forced his way over, and with Halfpenny converting, the Lions led 7-5.

A further penalty gave the Lions a five-point lead, but in injury time Sonny Bill Williams managed to down the ball after a melee under the posts which saw the TMO adjudicate that Jack Nowell had knocked the ball backwards (rather than a Blues' hand forwards) and the conversion sent the Blues into the lead.

The second half start by the men in red was sluggish to say the least, Ioane's boot in touch preventing a further score for the Blues, and Liam Williams was sin-binned for two high challenges. However, after a Blues penalty the Lions soon got back into gear, and two further penalties saw them edge just ahead.

However, if they thought they were home and dry, they weren't counting on a sublime piece of brilliance from Williams and Ihaia West, which saw the

latter arc his way over the line, a conversion under the posts a formality and the score 22-16 to the Blues.

The Lions had a late chance to pull it out of the bag, but Rory Best's errant lineout throw ended their hopes of making it two wins on tour.

The performance in the scrum and the lineup was improved, but the stagnancy in the loose (made all the more apparent by the Blues' beautifully calibrated back play) will certainly be a concern for the coaching team, the backline yet to really fire.

In a week that saw Warren Gatland's tactics criticised, he now faces another big test on Saturday against the Crusaders, who no doubt will be smelling blood after the Blues' performance.

A win on Saturday will be a balm to soothe the wounds of Wednesday – a squad will heap more pressure on a defeat and coaching team already looking embattled on this trickiest of tours.

Convincing win keeps Centurions top of the table

SULLY Centurions entertained Pontymister and Cross Keys at Burnham Avenue last Saturday and, in spite of having to field some second XI regulars due to the unavailability of some players, ended with a convincing victory to consolidate top spot in Division 3.

Batting first, Centurions reached 37 before Craig Brock was trapped in front of the wicket by Jones, having scored 11.

Then, after racing to 69 in 10 overs, three further wickets were lost in quick succession (Santosh Singh for 41, Pavel for 7 and Russell Thomas for a duck).

But a fifth wicket stand of 99 between Sandeep (38) and Bharat (54) swung the game back in Sully's favour. Skipper Jake Griffith came in and hit a superb unbeaten 71, supported mainly by David Goodway, who hit 32 and the innings ended with the score on 294 for 9 after the 45 overs.

For the visitors, the pick of the bowlers was Morgan, who posted figures of 5 for 66.

After tea, the Pontymister innings had just got underway when Centurions' stand-in wicket keeper David Morgan fell awkwardly and dislocated his shoulder.

After a long delay waiting for an ambulance, the game resumed. Jake Griffith followed his good form with the bat by taking five wickets for 28 runs.

All of the other bowlers took one each, with a run out accounting for a further dismissal. A spirited 44 from Asif and 31 from Turner were the highlights of the visiting batting performance, as the innings finished on 164 all out in the 33rd over.

Everyone at the club sends best wishes to David Morgan for a speedy recovery from his injury.

Sully Centurions 294/9, Pontymister & Cross Keys 164 all out.

The second XI travelled to Pontymister for the reverse fixture and lost in the final over in a keenly contested match that could have gone any way right up to the end.

The home side batted first and, thanks mainly to a fine 87 from Kieran Sherratt, reached a total of 184 for 6.

Peter Thomas had four wickets and Harish Hirani took two. Newcomer Dinesh, while not taking any wickets, went for just 20 from his eight overs and looked a very good signing for Sully.

In reply, Jason and Gethin Hicks shared a half century opening stand before Gethin fell for 19.

Jason was joined by Peter Thomas and the pair pushed the score along before Jason was out for a very good 59 and Peter for 47.

There then followed a bit of a middle order slump with a few more wickets falling cheaply. Ben Spear injected some badly needed momentum with an unbeaten 25, but it was all in vain as Centurions ended up five runs short in the final over.

Pontymister & Cross Keys II 184/6, Sully Centurions II 179/6.

This weekend sees a double header of local derbies against neighbours Barry Wanderers (first XI away, second XI home) and on Sunday we have the rearranged Welsh Cup match at Panteg.

All players are requested to contact Dave Sylvester or Jake Griffith with their availability for both matches.

MF

A SPIRITED WIN FOR BARRY ATHLETIC PG2 BOWLERS

B A R R Y ATHLETIC'S PG2 side recorded their second consecutive victory with a spirited 10-shot win against a Rhiwbina side that went down to the wire.

It was left to Gary Gane's rink to inflict the damage on the visitors over the last few ends, scoring 10 shots to return a 23-13 score card against Ron Hawley.

Elsewhere Dave Snelling's rink battled hard to secure a further two points for the Athletic, with a narrow one-shot victory.

This match was tight all the way with Dave's rink picking up six shots on the 11th end, to nudge in front against his opponents, and edging to victory winning four of the last five ends to collect a vital two points.

Mike Vaughan, reinstalled as skip, also worked hard to pick up another victory 21-20 against Mac Andrew; with his rink 11-1 down after seven ends, Mike's rink picked up a six to bring them back into the game but a took a first-class conversion shot on the last end from the Barry Athletic skip to secure the two points.

Paul Webley, with Steve McKernan producing consistent bowls from lead, had a tight encounter with the visitors but lost narrowly by two shots 21-19.

On another day with a little good fortune from the bowling gods it might have well been a victory for Paul Webley's rink but good bowls and a few fortuitous deflections meant that a narrow defeat was snatched from the jaws of a victory.

Captain Paul Webley and the selectors will have been pleased with the top class performances by a number of the Barry rink and a few notable players, winning by narrow margins when the game entered its closing stages.

There has been wide scale improvement in the consistency shown by a number of Athletic players, all making the case for inclusion in the first team and helping to underpin a match performance that keeps the team in the hunt for promotion this year.

However, things were not so bright for the mid week development side as the wheels came off in their midweek Munro Cup fixture against neighbours Barry

Romilly.

On a green with the consistency of a soft mattress, many of Barry Athletic's players failed to offer the physical strength needed to compete with a buoyant home side that eventually ran out comfortable victors on all rinks by a 43 shot margin.

It was a rude awakening for many of the Athletic team, which was coming off a run of five straight victories and a lesson in adapting to the hostile conditions when required, and the selectors will be minded to consider this performance when sides are selected for future away fixtures.

The week was relatively quiet for county competitions although Richard Bowen and Richard Cowling took the opportunity to progress in the senior pairs competition, by pulling a win out of the bag against a battling Llantwit

Major combination Glyn Fox and Geoff Timms. Despite building up a healthy 15-7 lead at the halfway stage, the Llantwit pair came storming back by picking up a six shots to leave them with a two shot deficit with two ends to play from a combination of excellent shots and a few interesting deflections.

However, with the experience of the Barry duo helping them to raise their game when needed, two shots over the last two ends saw them through and secure a home fixture for the quarter final.

The Athletic's PG1 side is back in action this weekend hosting Ystradfechan and will be looking to get back on the winning trail following their defeat last time out.

The selectors will surely have the strong performances from a number of PG2 players this weekend as the names are pencilled in for next week's fixtures.

RB

Stephen's trophy chase losing pace

THE Alec Wood Trophy is awarded each June to the player who is registered with the East Glamorgan Chess Association whose rating has improved the most.

The trophy is normally won by a junior player, as their ratings are more volatile and they often play a large number of games.

The only adult who has won this trophy to date is Roger Jenkins from the Pontypridd Chess Club. Roger is also the only player to have won this

trophy more than once.

This year Stephen Bonutto from the Barry Chess Club has been the leading contender from the start.

At the halfway stage on December 31, Stephen's rating had increased by 182 points, taking him from 1454 to 1636.

He led the table by 50 points and looked certain to be only the second Barry player to win the trophy - Sam Jukes being the other Barry winner some time ago.

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